



NATIONAL SERVICE SCHEME
ST.XAVIER'S COLLEGE FOR WOMEN, ALUVA
UNIT NO: 45
ANNUAL REPORT 2019-20



Co- ordinators: Ms. Jasmine Gonsalvez
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NSS UNIT, REG. NO: 45

ST. XAVIER'S COLLEGE FOR WOMEN, ALUVA

The National Service Scheme (NSS) is a Central Sector Scheme of Government of India, Ministry of Youth Affairs & Sports. It provides opportunity to the students to take part in various government led community service activities & programmes. The sole aim of the NSS is to provide hands on experience to young students in delivering community service. Since inception of the NSS in the year 1969, the number of students strength increased from 40,000 to over 3.8 million up to the end of March 2018 students in various universities, colleges and Institutions of higher learning have volunteered to take part in various community service programmes. The motto of National Service Scheme is NOT ME BUT YOU.

"Not Me But You" underlines that the welfare of an individual is ultimately dependent on the welfare of the society as a whole. This expresses the essence of democratic living and upholds the need of selfless service and appreciation of the other man's point of view and also consideration for fellow human beings.

The overall objective of NSS is Personality Development of students through community service.

Our NSS units comprises of 200 student volunteers and 2 programme officers. A student, who volunteers to participate in a 7-day special camp (work camp) and a mini-camp as well as devotes 280 hours to community service within a period of two years in the course of study, gets a national merit certificate, signed by the Vice Chancellor and issued by the University.

OBJECTIVES



- Understand the community in which they work
- Understand themselves in relation to their community
- Identify the needs and problems of the community and involve them in problem solving process
- Develop among themselves a sense of social and civic responsibility
- Utilize their knowledge in finding practical solution to individual and community problems
- Develop competence required for group living and sharing of responsibilities
- Gain skills in mobilizing community participation
- Acquire leadership qualities and democratic attitude
- Develop capacity to meet emergencies and natural disasters and
- Practice national integration and social harmony

FROM THE PRINCIPAL'S DESK

The NSS Unit of St. Xavier's College for Women has been instrumental in providing the NSS volunteers a platform to serve and support the society at large. Dedicated involvement with the society has brought qualitative and quantitative changes in the lives of the volunteers. Their efforts to integrate their activities in tune with the societal requirements have made them diligent enough to face harsh realities of life.

I take this opportunity to appreciate their service mindedness and to wish them all success as torch bearers of a better tomorrow.



Sethalini
PRINCIPAL

Dr. Geege Joanamma Xavier
Principal-in-charge
St. Xavier's College for women
Aluva - 683101

REPORT OF THE REGULAR NSS ACTIVITIES 2019-20

St. Xavier's College NSS unit organised a programme in association with IMA, Kerala Action Force, Janaseva, Anwar Paliative Care and IMA VIMA

20-ാമത് പഠന ഉപകരണ വിതരണം, കരിയർ ഗൈഡൻസ്, വിദ്യാഭ്യാസ അവാർഡ് ദാനം, വികലാംഗർക്ക് വീൽചെയർ-ആർട്ടിഫിഷ്യൽ ലിംബ്സ് വിതരണം

2019 മെയ് 28 ചൊവ്വ 2 PM-ന് പാന്നായിക്കുളം എൽ.എഫ്. പാരിഷ്ഹാളിൽ

ഫാക്ട് സോഷ്യൽ സർവ്വീസ് ഫോറം, IMA മധ്യകേരള, കേരള ആക്ഷൻ ഫോഴ്സ്, ജനസേവ, അൻവർ പാലിയേറ്റീവ് കെയർ യൂണിറ്റ്, IMA വിക, സെന്റ് സേവ്യേഴ്സ് കോളേജ് എൻ.എസ്.എസ് യൂണിറ്റ് എന്നിവരുടെ സംയുക്താഭിമുഖ്യത്തിൽ നിർമ്മാണ വിദ്യാർത്ഥികൾക്കായി പാത്രോപകരണ വിതരണം, കരിയർ ഗൈഡൻസ് ക്ലാസ്, വീൽചെയർ-ആർട്ടിഫിഷ്യൽ ലിംബ്സ് എന്നിവ വിതരണം ചെയ്തു. തദ്ദേശസമിതിയിൽ സിവിൽ സർവ്വീസ് പരീക്ഷയിൽ കോളത്തിൽ നിന്ന് ഉയർന്ന റാങ്ക് കരസ്ഥമാക്കിയ ശ്രീലക്ഷ്മി, 15 ദിവസം പ്രായമുള്ള അസുഖം ബാധിച്ച കുഞ്ഞിനെത്തുടർക്കാണ് ജനസേവയുടെ സഹായത്തോടെ വീൽചെയർ കൈമാറ്റം എത്തിച്ചു. അനുബന്ധം ഡോ.പി.പി.പി. കൃഷ്ണൻ, കൃഷ്ണൻ കോളത്തിലേക്കും ജനസേവ സംരംഭത്തിലേക്കും മാതൃകയായ ഏലൂർ മുനിസിപ്പൽ കൗൺസിലർ ജോസഫ് ഷാ, ആരിവാസി സമൂഹത്തിൽനിന്ന് കൈമാറ്റം ഉന്നത മാർക്ക് വാങ്ങിയ കൃഷ്ണൻവേണി എന്നിവരെ പടങ്ങിയിട്ടുള്ള ആദരിക്കും.

N.B : SSLC പരീക്ഷയിൽ എല്ലാ വിഷയങ്ങൾക്കും A+ വാങ്ങിയ കുട്ടികൾക്ക് (Kerala, CBSE, ICSE) വിദ്യാഭ്യാസ അവാർഡ് നൽകും. വിദ്യാഭ്യാസ അവാർഡിന് അർഹതയുണ്ട് മേയ് 20-ാം തീയതിക്ക് മുൻ **9747474715, 9446274717** എന്നീ നമ്പറിൽ ബന്ധപ്പെടുക. ഏതൊരു ഈ പരിപാടിയിലേക്ക് സാക്ഷാത്കാരം ചെയ്യുന്നു.

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| കവിതാർ ചേരയർ ചെയർപേഴ്സൺ ജനസേവ | ഡോ. സി.എം. ഹൈദർ പ്രസിഡന്റ് പ്രോഗ്രാം കമ്മിറ്റി | പത്മജി ഡോ. ഓണി ഫെർണാണ്ടസ് പ്രസിഡന്റ് കേരള ആക്ഷൻ ഫോഴ്സ് | ഡോ. രാജേഷ് പ്രസിഡന്റ് IMA മധ്യകേരള |
|-------------------------------------|--|--|--|



World Environment day celebration on 6th June



Valicheriyal Muktha Campus 'GramamNagaram' programme



World Blood Donor day and Blood donation camp



19th June 2019: orientation class by senior NSS Programme Officer

Dr. Saumi Mary M gave an orientation class to NSS Volunteers. She spoke about the service to be rendered to the society by NSS Volunteers. Dedicated volunteers should link their activities to the society. She inspired them with her previous experiences as a programme officer. She also reminded the students that service should be given prime importance rather than grace marks.

Orientation class



21st June 2019: International Yoga Day

As part of International Yoga day our students performed yoga in the college auditorium. Our Principal spoke about the importance of Yoga in our day to day life.

International Yoga Day



24th June 2019: Observation of green protocol

NSS Volunteers distributed tea in steel glass during the first year students' induction day

Green protocol



29th June 2019: Skit at Anwar Palliative Care Aluva

NSS Volunteers performed Skit to spread the message of taking care of aged- parents as part 'Samrakshana Sangamam', an initiative of Anwar Palliative Care.

Skit



1st July 2019: 'Thanaloram' Cleaning

As part of Green Campus Programme, NSS Volunteers cleaned the college premises and Thanaloram.

'Thanaloram' Cleaning



2nd July 2019: Hair Donation Camp "Sneha sparsham"

A Hair donation camp was organized in collaboration with Little Flower Social Service centre and Amala Institute of Medical Sciences. 26 students and 1 teacher donated hair.

Hair Donation Camp



2nd July 2019: Nature camp at Peechi – Vazhani Wild Life Sanctuary

45 NSS volunteers and two teachers attended nature camp at Peechi – Vazhani Wild Life Sanctuary.

Nature Camp



17/7/2019 - Advisory committee meeting

Advisory committee meeting was held in principal's chamber. Our Principal Rev Dr sr Shalini presided the meeting . Solid waste management was the main agenda .we decided to render the service of NSS Volunteers towards this cause .



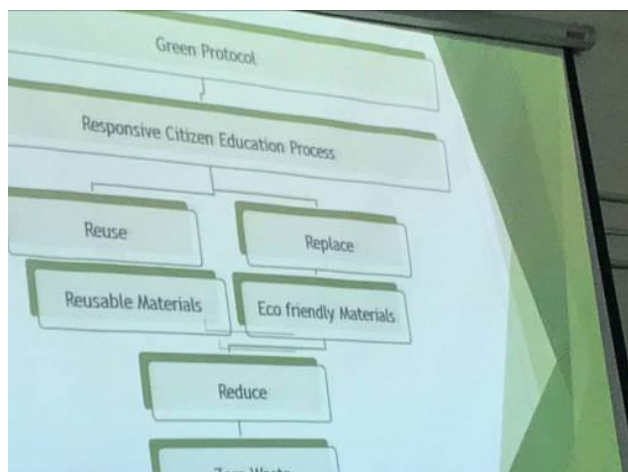
25 July 2019: “ANNAM “ pothichoru programmme

As a first step 100 second year NSS volunteers brought 100 pothichoru from home to distribute to Oldage homes and Orphanages



26 July 2019: Class on green protocol by Mohanan sir, Suchitha mission

To make our campus and environment green and clean he urged the students to follow green protocol—proper waste management,minimal use of plastic items etc



28 July 2019:self defence class by Kerala police (women cell)



27 July 2019: 'Thanaloram' Cleaning and beautification .

As part of Green Campus Programme, NSS Volunteers cleaned the college premises and Thanaloram.



**Academic training offered to 2 Hemophilia patients at Govt Hospital Aluva by NSS volunteers
(1 August 2019)**



26 July 2019 to 28 July 2019: Mini Camp at St Xavier's college for women Aluva. 95 NSS volunteers participated in the camp.



1/8/2019: Swachatha Pakhwada pledge



World Breast feeding week - signature campaign in collaboration with District child welfare organisation: NSS volunteers actively participated in the signature collecting campaign in a poster depicting a mother feeding a child .Volunteers went in and around the campus and collected the signature(2 August 2019)



14/8/2019: Flood relief materials collected from shops in Aluva market.



15/8/2019: Flag hoisting , Independence day NSS volunteers and programme officers attended the flag hoisting ceremony



NSS Volunteers took initiative to sort and pack flood relief materials to puthumala wayanad(21/08/2019-22/08/2019)

Flood Relief



Annam: 27/08/2019 - 310 Pothichoru distributed by NSS volunteers to orphanage

Annam



Nanavu : In collaboration with Adayalam, Participation in paddy cultivation in Choornikkara Grama Panchayath (08/09/2019)

Paddy Cultivation



National Eye Donation fortnight 5/09/2019: Our NSS unit hosted valedictory function of the National Eye Donation Fortnight on **5/09/2019** organised by Dr. Tony's Eye Hospital, Aluva

Eye Donation Fortnight



Seven Day Special Camp was conducted at Nirmala Higher Secondary School, Aluva from 06/09/2019-12/09/2019

Eye Donation Fortnight



Blood Donation: NSS unit 45 in collaboration with HDFC and IMA Ernakulamorganised blood donation camp on 17/9/2019. 37 students donated blood



Annam: 26/09/2019 - 100 Pothichoru distributed by NSS volunteers to orphanage



NSS DAY- SEPTEMBER 24: Aluva MLA Sri Anwar Sadath inaugurated NSS DAY celebrations by hoisting the flag. Principal Rev DrSrShalini gave the key note address. This was followed by honouring the Po's of our college and last years NSS Volunteer Secretaries. NSS Volunteers performed Skit and Nadanpattu with the message "Unity".



ETI TRAINING at RAJAGIRI KALAMASSERY---(October 9—October 15)
One PO attended ETI training at Rajagiri College of Social Science ,Kalamassery



Reception to Poshan Express——25/9/2019: A warm reception was accorded to Poshan Express Thiruvananthapuram,SambhustaKeralam a collaborative initiative by Women and Child welfare department ,Government of Kerala.



Cultural programme -28/9/2019: NSS Volunteers performed dance,skit, nadanpattu at Anwar Pain and Palliative care society, Aluva. NSS Volunteers who excelled in the exams conducted byAnwar Pain and Palliative care society were awarded and Certificates were distributed.



FIT INDIA PLOG-RUN—-2/10/2019: Plog run was inaugurated by the Principal Rev DrSrShalini. Principal ,NSS Volunteers ,PO's cleaned Aluva Railway station premises. An oath on cleanliness was taken by NSS Volunteers along with the Railway staff.



WHITE CANE DAY 15/10 /2019: NSS Volunteers participated in white cane day celebrations at BLIND SCHOOL KEEZHUMADU.



10/10/2019 our NSS unit received Award of Appreciation from Amala Institute of Medical Sciences, Thrissur, for hair donation initiative.



Panel discussion on a topic “Integrity a way of life” was conducted by NSS unit .50 NSS Volunteers participated in it.



“Annam” (25/11/2019): 40 Pothichoru packed and handed over by Nss volunteers to be distributed to old age home.



Human Chain (3/11/2019): In collaboration with 'Adayalam' a voluntary organisation for the protection and preservation of paddy fields at choornikkara grama panchayat, Nss unit of our college expressed our solidarity by participated in the human chain organised by Adayalam, at Chavarpadam, Choornikkara.



**നമ്മുടെ അന്നമായ
വിത്ത് കൊണ്ട്
(പ്രകൃതിക്കു വേണ്ടി
ഒരു പ്രതിജ്ഞ)**

കെ.എ.പി.സി
(പുതിയതെ പഞ്ചായത്ത് പ്രസിഡന്റ്)
ഫാദർ ജേക്കബ് മഞ്ഞളി
(നേത്ര് വേലായുധ്വന് ഫി.ജി. കോളിനി)
സ്വാമി സുഷി ചൈതന്യ
(അരുന്ധതപുരം, ആലുവ)
അബ്ദുസ്സലാം മുഹമ്മദ് ഖാസിമി
(താഴെക്കുളം മുഹമ്മദ് ഖാസിമി)
കെ.കെ.സലീം
(കോടിക്കാട്, അരുന്ധ)
അനീസാർ ടി.എം.
(പുതിയത്ത്, അരുന്ധ)
പ്രൊഫ.ജോർജ്ജ്

**നിലനിൽപ്പിനായുള്ള
LAST CHANCE**

**(പ്രകൃതിക്കുവേണ്ടി
മനഃശ്ചിക്ഷണം)**

2019 നവംബർ 3 ഞായർ 4 PM, ചുർണിക്കര ചവർപ്പടം

**കാർഷിക
കേരളത്തിന് മാതൃക
രീടൊളം**

80894 66599, 96333 89889
98958 65947, 81294 43934
94951 39679

Signature Campaign (12/11/2019)

As a gesture of our concern for the victims of Valayar Child abuse case. We did a signature campaign in association with Justice for women rights forum, Choornikara. Around 200 signatures from students were recorded and handed over to justice for women rights forum members to be compiled along with other signatures to be handed over to Governor on November 14, 2019.

18/ 11/ 2019: Paper Bag making – an initiative to introduce to ban plastic bags as part of Green Campus Protocol

Paper Bag making (18/11/2019)



“Annam” (25/11/2019)

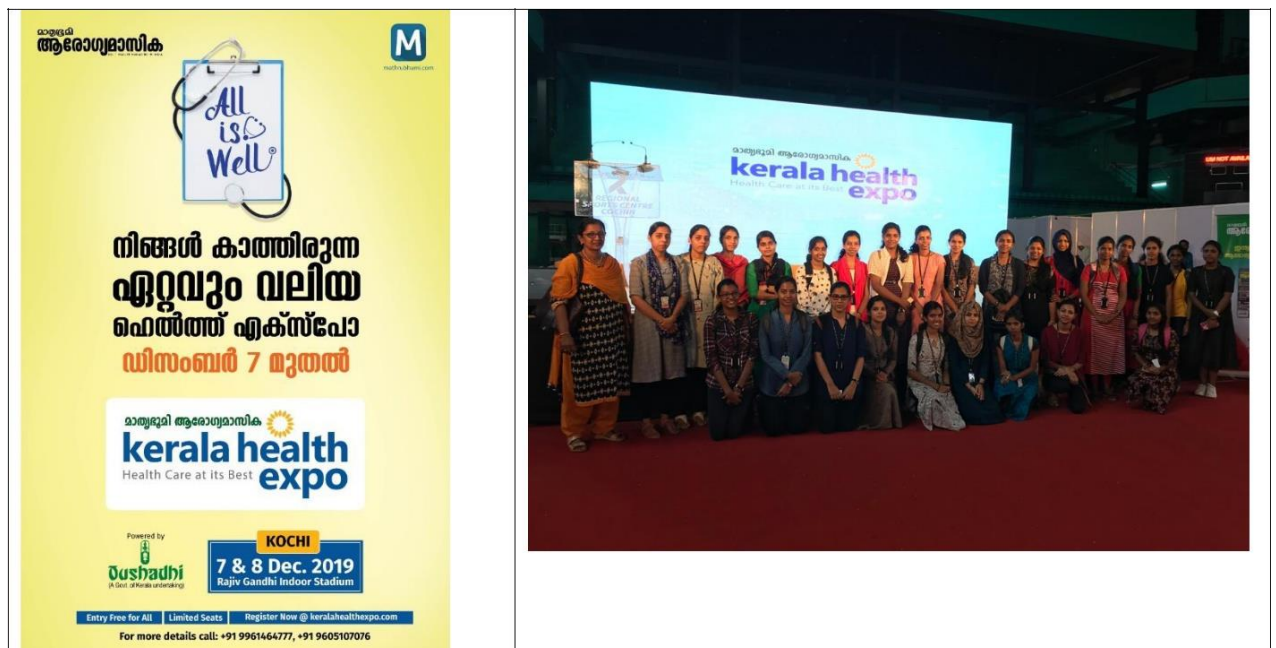
40 Pothichoru packed and handed over by NSS volunteers to be distributed to old age home.

Preamble (26/11/2019)

As part of the observation of Constitution Day, Principal and NSS volunteers read the preamble



07- 12-2019 to 08- 12-2019 Mathrubhoomi Arogya Masika Health Expo: 30 NSS volunteers and Programme officers attended the prestigious Mathrubhoomi Arogya Masika Health Expo at Indira Gandhi Indoor Stadium, Kadavanthra, Cochin.



20th December 2019: Christmas gift to Hemophilia Patients

2 Programme officers and 2 volunteers visited Govt. Hospital, Aluva and handed over Christmas gifts to hemophilia patients



22nd December 2019: House warming of the newly constructed house: NSS

Volunteers and programme officers attended the blessing of the newly constructed house of one of our NSS volunteers (a joint venture of the college management, staff and NSS)



2nd January 2020: Cleaning drive at Fort Cochin: 20 NSS Volunteers and one programme officers participated in the cleaning drive organized by the Cochin Carnival Committee.



10th January 2020: Blood Donation Camp: NSS unit in association with Government Hospital, Ernakulum organized a blood donation camp in the college. 38 units of blood were collected.



14th January 2020: Palliative Care Day Observation

NSS unit in association with Anwar pain and Palliative care observed Palliative care day. Dr. Geetha lectured on importance of palliative care.



14th January 2020: Intercollegiate Skit competition on Palliative Care

An intercollegiate skit competition was organized as part of the palliative care day on the topic palliative care. Our college NSS team won the first place.



17th January 2020: Traffic rule awareness rally

A Motor rally was organized by Aluva city police for the staff and students of St. Xavier's college.



17th January 2020: Palliative care for the inmate of the convent



30th January 2020: AIDS Awareness Class: 150 NSS Volunteers and two programme officers attended an awareness class AIDS. Students performed a skit based on AIDS awareness. A tableau competition was conducted on the same day.



11thFebruary2020:Corona Awareness

NSS unit organized an awareness class on corona virus for its volunteers. Resource person was Dr. Soumya Raj, Government Hospital Ernakulam



20/02/2020 NDRF Orientation class by Aswin Kumar

Our college hosted a training for NSS volunteers who got selected for attending NDRF camp at Arakkonam. NDRF Orientation class was done by Ashwin Kumar co -ordinator Nehru Yuva Kendra,Kakkanad. 25 NSS volunteers of our college attended the orientation program. Students from neighbouring colleges also attended the same

NDRF Orientation class by Aswin Kumar



23/02/2020 -01/03/2020 NDRF Training Camp at Arakkonam : 25 NSS volunteers attended NDRF training camp at Arakkonam from 24 January -1st February



24/02/2020 Paper Bag Making

Our NSS volunteers made paper bags as part of the green Initiative



28/2/2020 - Annam

50 lunch packets distributed at madavapuram colony



03/03/2020: Cloth Bag Distribution

NSS assisted IQAC in distributing cloth bags to the adopted villages



05/03/2020: NDRF orientation by trainees to the first and second year NSS volunteers



7/4/2020. As part of women's day celebrations NSS volunteers painted the college compound wall with pictures of eminent and empowered women. The programme was inaugurated by principal Rev Dr r Shalini



9/3/2020 “Adayalam” a voluntary organisation run by 17 young and committed youth for conserving and preserving paddy agriculture at choornikara. After the harvest they came to share their joy by offering rice cultivated in the paddy fields where the NSS volunteers have contributed their part.



SEVEN DAY SPECIAL CAMP REPORT 2019

VENUE: NIRMALA HIGHER SECONDARY, ALUVA

DATE: 6TH SEPTEMBER TO 12TH SEPTEMBER, 2019

SEPTEMBER 6: (DAY 1) FRIDAY

Camp preparation, Flag hoisting



SEPTEMBER 7: (DAY 2) SATURDAY

Yoga, parade



Inauguration of SUVARNAM 2019, medical camp, self job training

Inauguration by Babu Puthenagadi, Choornikara Panchayath President. On the dais Prof. MJ Mathew (NSS Co-ordinator), Principal Sr. Shalini, Mr. Sabastin PS (PTA), Sr. Tincy (Nirmala HSS Principal), Lissy Saju (Ward member)



Class on Media - its pros and cons by Mrs. Sonia John Marcos (Assistant professor,
Dept. of Communicative English, St. Xavier's college for women, Aluva)



SEPTEMBER 8: (DAY3) SUNDAY

yoga, parade

VAYALORAM: NSS Volunteers prepared a way side resting place near the paddy field in kattepadam. Volunteers cleaned and laid concrete blocks, erected boards and paintings to spread the message of "clean village, green village" beautified the place with decorated empty plastic bottles, Tyres, paint buckets etc

KATTEPADAM

Waste dumped paddy field
beautified by NSS volunteers



NANAVU —In collaboration with Choornikara Grama Panchayath and ADAYALAM (an organisation of 17 youngsters to promote cultivation and agriculture) NSS unit participated in farming activities



SEPTEMBER 9: (DAY4) MONDAY

yoga, parade

Self defence class conducted by Kerala Police Vanitha Cell, Aluva



Visit to old age home



SEPTEMBER 10: (DAY 5) TUESDAY

yoga, parade

Traffic Rules awareness session organised by motor vehicle department,
Aluva Awareness class by A.M. SIDHQUE (Motor vehicle inspector)



How to mitigate suicide tendency - A class on positive thinking by Sri Joby Thomas (Kerala Action Force)



Camp visit by Sri Sabukuttan (State NSS Officer)



Cleaning drive at Choornikara grama panchayath



SEPTEMBER 11:(DAY 6) WEDNESDAY

yoga, parade

Onam celebrations, Volunteers prepared Onam Sadiya, volunteers entertained inmates at old age home





Survey on solid waste management conducted by volunteers in Choornikkara grama panchayath ward 2



SEPTEMBER 12: (DAY 7) THURSDAY

Ayurveda awareness class — organised by Kottakkal Arya vaidya sala , Aluva,
Interactive session by Dr. Subhadra Warriar



Valedictory function



NSS LIST OF MEMBERS

| | | |
|----|-----------------------|------------------------|
| 1 | ANJANA. K. S | BA. English Literature |
| 2 | SREELAKSHMI REGHUNATH | BA. English Literature |
| 3 | ALEENA. C. ALIAS | BA. English Literature |
| 4 | DRISHYA .T. K | BA. English Literature |
| 5 | AKHILA POLY | BA. English Literature |
| 6 | SARANYA C.C | BA. English Literature |
| 7 | JINI JAMES | BA. English Literature |
| 8 | ANAGHA .K.A | BA. English Literature |
| 9 | ANEEGA .V.G | BA. English Literature |
| 10 | SREELAKSHMI.P.RAJAJ | BA. English Literature |
| 11 | AMIYA MARY JIHNSON | BA. English Literature |
| 12 | ALANTINA STANLY | BA. English Literature |
| 13 | DELNA SHOBI | BA. English Literature |
| 14 | UNNIMAYA .S. | BA. English Literature |
| 15 | AKSHARA JOSEPH | BA. English Literature |
| 16 | ALEENA ROSE WILSON | BSC. Zoology Voc |
| 17 | NAINA THOMAS | BSC. Zoology Voc |
| 18 | JONA JOBY | BSC. Zoology Voc |
| 19 | ISHA MARIYA JOHN | BSC. Zoology Voc |
| 20 | SHARON RAJAN | BSC. Zoology Voc |
| 21 | STEPHANIYA K. G | BSC. Zoology Voc |
| 22 | NOWSHEENA .K.N | BSC. Zoology Voc |
| 23 | SONA JOY | BSC. Zoology Voc |
| 24 | ASNA .T.A | BSC. Zoology Voc |
| 25 | FATHIMA .M. SUBAIR | BSC. Zoology Voc |
| 26 | ASWATHY ANIL | BSC. Zoology Voc |
| 27 | ANN SHARON SHAJU | BSC. Zoology Voc |
| 28 | FARZANA FATHIMA K.S | BSC.Zoology |
| 29 | ANJANA. K. S | BSC. Zoology |
| 30 | KRISHNENDU S.R | BSC. Zoology |
| 31 | GANGA JOSHI | BSC. Zoology |
| 32 | LAKSHMI C.V | BA. Economics |
| 33 | FOUSIYA K.J | BA. Economics |
| 34 | SREELAKSHMI P.M | BA. Economics |
| 35 | AMURTHA ROSE MARY | BA. Economics |
| 36 | SNEHA .K.S | BA. Economics |
| 37 | SRUTHY .K. SABU | BA. Economics |
| 38 | ANAGHA BABU | BA. Economics |
| 39 | LULU MICHAEL | BA .Economics |
| 40 | ROSE MARY K.T | BSC. Physics |
| 41 | MARIA ROSE | BSC. Physics |
| 42 | EDVINA JOBY | BSC. Physics |
| 43 | VARSHA E.S | BSC. Physics |
| 44 | ASWATHY K.R | BSC. Physics |

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| 45 | SANDRA LISTON | BSC. Physics |
| 46 | ARYA K B | BSC. Zoology |
| 47 | CHINCHINA CHANDRAN | BSC. Physics |
| 48 | SWETHA SEBI | BSC. Physics |
| 49 | TILSHA THOMAS | BSC. Zoology Voc |
| 50 | TANIYA BABU | BSC. Mathematics |
| 51 | APARNA RADHAKRISHNAN | BSC. Mathematics |
| 52 | MARIA P ELDHOSE | BSC. Mathematics |
| 53 | AHLAM AYOB SAIDALI | BSC. Zoology |
| 54 | SINDHU P | BA MALAYALAM |
| 55 | SUMAYYA SALIM | BSC MATHEMATICS |
| 56 | SHEYONA RODRIGUES | BSC MATHEMATICS |
| 57 | ANJANA K S | BSC ZOOLOGY |
| 58 | NAYVA ANTONY | BSC ZOOLOGY VOC |
| 59 | AKSHARA P S | BSC MATHEMATICS |
| 60 | ANN MARIYA JOSEPH | BSC MATHEMATICS |
| 61 | SIYAMARIA ANTONY | BSC MATHEMATICS |
| 62 | GAYATHRI P | BSC MATHEMATICS |
| 63 | NIYA CATHERINE JOHN | BSC MATHEMATICS |
| 64 | JITHA VARGHESE | BSC MATHEMATICS |
| 65 | SEENU JENNIS | BSC MATHEMATICS |
| 66 | GOPIKA PB | BSC MATHEMATICS |
| 67 | KRISHNA MURALEEDHARAN | BSC MATHEMATICS |
| 68 | M S MARY SANDRA | BSC MATHEMATICS |
| 69 | A J KRISHNA | BSC MATHEMATICS |
| 70 | AISHWARYA SAMBATH | BSC PHYSICS |
| 71 | RADHIKA CHANDRASHEKARAN | B.COM COMPUTER APPLICATION |
| 72 | VISHWANY DALTON | BA ECONOMICS |
| 73 | SANDRA SAJAN | BA ECONOMICS |
| 74 | SAFVANA PS | BSC BOTANY |
| 75 | GAYATHRI S NAIR | BSC BOTANY |
| 76 | ABITHA T A | BSC BOTANY |
| 77 | SNEHA M J | BSC BOTANY |
| 78 | GAYATHRI | BSC BOTANY |
| 79 | SUNAYNA M A | BSC BOTANY |
| 80 | SERIN MOL K J | BSC BOTANY |
| 81 | APARNA JOSE | BSC BOTANY |
| 82 | SHERIN JOHN C | BSC BOTANY |
| 83 | SREELAKSHMI SASI | BSC BOTANY |
| 84 | NEENU JOSY | B.COM FINANCE&TAX |
| 85 | MEENAKSHI C | B.COM FINANCE&TAX |
| 86 | JAYALAKSHMI PB | BA MALAYALAM |
| 87 | AMRITHA SUNIL | BA MALAYALAM |
| 88 | ANJALI M S | BA MALAYALAM |
| 89 | FEBA P M | BA MALAYALAM |
| 90 | MARIA ISABEL | BA MALAYALAM |

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|-----|--------------------|---------------------------|
| 91 | SINSILA YOHANNAN | BA MALAYALAM |
| 92 | RITSA TOMESON | BSC CHEMISTRY |
| 93 | LIMA SEBASTIN | BSC CHEMISTRY |
| 94 | ANITTA SORIN | BSC CHEMISTRY |
| 95 | MIBITHAMOL K M | BSC CHEMISTRY |
| 96 | SREELAKSHMI P S | BSC CHEMISTRY |
| 97 | JYOTHIKA SURESH | BSC CHEMISTRY |
| 98 | MAREENA PAUL | BSC CHEMISTRY |
| 99 | AYANA ANAND | BSC CHEMISTRY |
| 100 | JENCY JOSEPH | BA. English Literature |
| 101 | DIYA PAULSON | B A ENGLISH LITERATURE |
| 102 | M.J ANITHA MARY | B A ENGLISH LITERATURE |
| 103 | JISMARY JOSE | B A ENGLISH LITERATURE |
| 104 | MARIA PATRIC | B A ENGLISH LITERATURE |
| 105 | BINITHA BIJU | B A ENGLISH LITERATURE |
| 106 | SRUTHY SABU | B A COMMUNICATIVE ENGLISH |
| 107 | ANMOL P A | B A COMMUNICATIVE ENGLISH |
| 108 | GREENY GEORGE | B SC MATHEMATICS |
| 109 | GREETY GEORGE | B SC MATHEMATICS |
| 110 | SHINU SAJU | B SC MATHEMATICS |
| 111 | MERINA D'SOOSA | B SC MATHEMATICS |
| 112 | NIHALA NAZEER | B SC MATHEMATICS |
| 113 | ALEENA C.J | B SC MATHEMATICS |
| 114 | TREESA ANETTA A. P | B SC MATHEMATICS |
| 115 | MRIDHULA A.T | B SC MATHEMATICS |
| 116 | CHRISTINA JUDE | B SC MATHEMATICS |
| 117 | ADIYA ASHRAF | B SC MATHEMATICS |
| 118 | DIVYA VARGHESE | B A MALAYALAM |
| 119 | NEENU C ANOTONY | B A MALAYALAM |
| 120 | AISWARYA C S | B A MALAYALAM |
| 121 | ANCY V P | B A MALAYALAM |
| 122 | KRISHNENDHU R | B A MALAYALAM |
| 123 | LIZMOL BIJU | B A MALAYALAM |
| 124 | KRISHNENDU P D | B A MALAYALAM |
| 125 | MARY CHRISTY P A | B A MALAYALAM |
| 126 | RIYA K J | B A MALAYALAM |
| 127 | IRENE TOM | B SC CHEMISTRY |
| 128 | AALIYA FATHIMA K N | B SC CHEMISTRY |
| 129 | SHIMA SHANMUGHAN | B SC CHEMISTRY |
| 130 | NANCY P S | B SC CHEMISTRY |
| 131 | MEGHA K A | B SC CHEMISTRY |
| 132 | ABHIRAMI R | B SC CHEMISTRY |
| 133 | FATHIMA NOURIN C S | B SC CHEMISTRY |
| 134 | ANNAMARIYA PETER | B SC CHEMISTRY |
| 135 | SANDRA M GEORGE | B SC BOTANY |
| 136 | HASNIYA K M | B SC BOTANY |

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| 137 | SAIRA B F | B SC BOTANY |
| 138 | ALINA DAVID | B SC BOTANY |
| 139 | ANJANA M M | B SC BOTANY |
| 140 | GOPIKA K S | B SC BOTANY |
| 141 | K A ALEENA | B SC BOTANY |
| 142 | MARY SIJIMOL K S | B SC BOTANY |
| 143 | NAYANA TOMY | B SC BOTANY |
| 144 | ANN MINNET JOLLY | B COM CA |
| 145 | ADITHYA P A | B COM CA |
| 146 | SNEHA GRACE ANTONY | B COM CA |
| 147 | ROSLIN KURIEN | B COM CA |
| 148 | NIVYA GEORGE | B COM CA |
| 149 | MARY SUNEETA D'ILVA | B A ENGLISH LITERATURE |
| 150 | MARY ROSE SANILA | B SC MATHEMATICS |
| 151 | ARYA MAGLIN | B COM TAX (REG) |
| 152 | HANNA VARGESE | B COM TAX (SF) |
| 153 | ANUPAMA ANIL KUMAR | B COM CA |
| 154 | MARIYA JOY | B COM TAX |
| 155 | AMBILY E C | B COM TAX(SF) |
| 156 | SEETHA LAKSHMI J | B SC PHYSICS |
| 157 | DERITTA MARY MENDEZ | B SC PHYSICS |
| 158 | RINNU VARGHESE | B SC PHYSICS |
| 159 | ELSA RANSOM BERTY | B SC PHYSICS |
| 160 | ARCHANA V S | B SC PHYSICS |
| 161 | MARIA DONA JAMES | B SC PHYSICS |
| 162 | SANDRA M S | B SC PHYSICS |
| 163 | ARCHANA C A | B SC ZOOLOGY (M1) |
| 164 | JAYALAKSHMI J | B SC ZOOLOGY (M1) |
| 165 | ALEENA SABU | B SC ZOOLOGY (M1) |
| 166 | SREEPRIYA M S | B SC ZOOLOGY (M1) |
| 167 | ALFIA K A | B SC ZOOLOGY (M1) |
| 168 | SAFANA SAKKER | B SC ZOOLOGY (M1) |
| 169 | LAKSHMI K | B SC ZOOLOGY (M1) |
| 170 | ANEENA MARY ANTONY | B SC ZOOLOGY (M2) |
| 171 | ASHLY T VARGHESE | B SC ZOOLOGY (M2) |
| 172 | AMALA STANLY | B SC ZOOLOGY (M2) |
| 173 | SIMI SAJI | B SC ZOOLOGY (M2) |
| 174 | MANCY FRANCIS | B SC ZOOLOGY (M2) |
| 175 | CATHERINE TREASA | B SC ZOOLOGY (M2) |
| 176 | APARNA VIJAYAN | B A ECONOMICS |
| 177 | ATHIRA GIRISH | B A ECONOMICS |
| 178 | KRISHNANJALY R | B A ECONOMICS |
| 179 | ARYA P S | B A ECONOMICS |
| 180 | RISVANA C A | B A ECONOMICS |
| 181 | ANN MARY | B A ECONOMICS |
| 182 | SHINI SHAJI | B A ECONOMICS |

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| 183 | SRUTHI SUNIL KUMAR | B A ECONOMICS |
| 184 | FATHIMA ASNIM M H | B A ECONOMICS |
| 185 | AKSHAYA P S | B A ECONOMICS |
| 186 | ALVINA LAWRAIN VAS | B COM TAX (REG) |
| 187 | NAMITHA MUKESH | B COM TAX (REG) |
| 188 | JENINA NELSON | B COM TAX (REG) |
| 189 | ANUSREE K S | B COM TAX (REG) |
| 190 | EMA TREESA | B COM TAX (REG) |
| 191 | ALEENA JOSEPH | B COM TAX (REG) |
| 192 | ANJANA K U | B COM TAX (REG) |
| 193 | SMINNY PAUL | B COM TAX (REG) |
| 194 | ALEENA THERESA | B COM TAX (REG) |
| 195 | NIMMY V S | B COM TAX (SF) |
| 196 | SONA JOHNSON | B COM TAX (SF) |
| 197 | PARVATHI P A | B COM TAX (SF) |
| 198 | AFSANA E B | B A ECONOMICS |
| 199 | VINNY A J | B A ECONOMICS |
| 200 | ANJANA UNNIKRISHNAN | B SC CHEMISTRY |

PROGRAMME ANALYSIS

NSS aims to render voluntary service to humanity without any bias. No caste, No creed, No religion could hamper the zeal and zest of devoted volunteers. Upholding its cherished motto “Not Me But You” NSS Volunteers of our college exhibited selfless service in all their endeavours. As an NSS Volunteer, each student has acquired a tolerable attitude towards any social issue and has come forward with feasible solutions. All the activities under the banner of NSS has provided ample opportunities to bring out the real self in each volunteer. In materializing the aims of NSS each NSS volunteer has completed the scheduled working hours



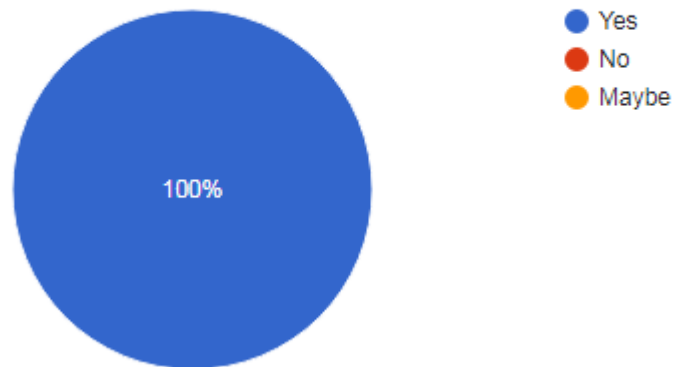
STUDENT ANALYSIS

NSS vows to mould student volunteers into socially committed human beings. Once an NSS Volunteer is always an NSS volunteer. By virtue of their inherent goodness each Volunteer is committed to the cause they are assigned. Ample opportunities are provided for the volunteers to polish their talents . Serving the community they live is of much importance for the Volunteer. Realising the need of the hour each volunteer devotes her time for community service. Apart from the scheduled programmes, students undertake all the activities beneficial for the society. Their initial shyness and stage fright leaves them as they progress in their activities. They come forward with innovative ideas and techniques .They attended mini camp, nature camp and seven day special camp .The camp life and activities brought before them some of the life realities and experiences which would enrich their future life.

STUDENT SATISFACTION SURVEY

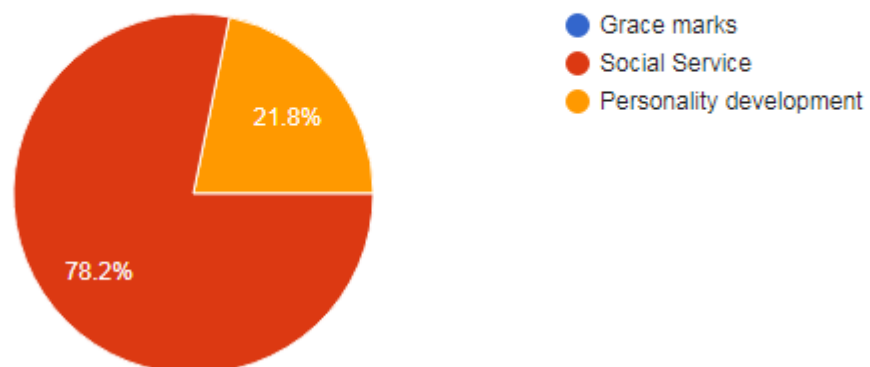
1. Are you proud to be an NSS Volunteer?

101 responses



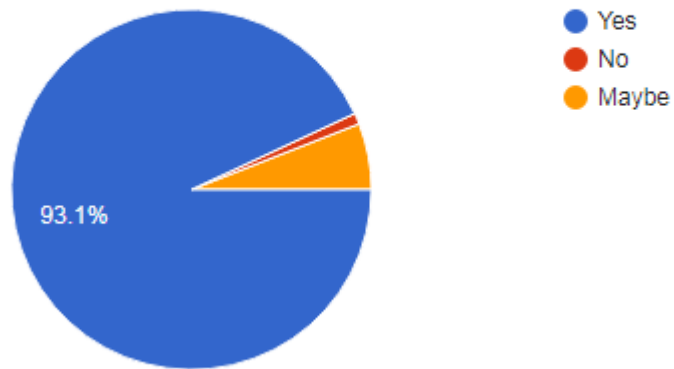
2. Why did you join NSS?

101 responses



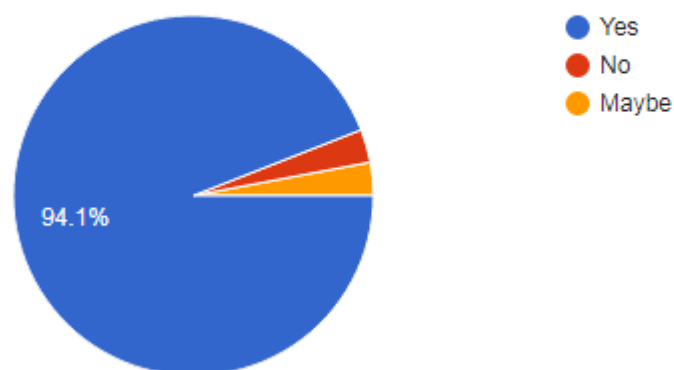
3. Are you satisfied with the activities of NSS?

101 responses



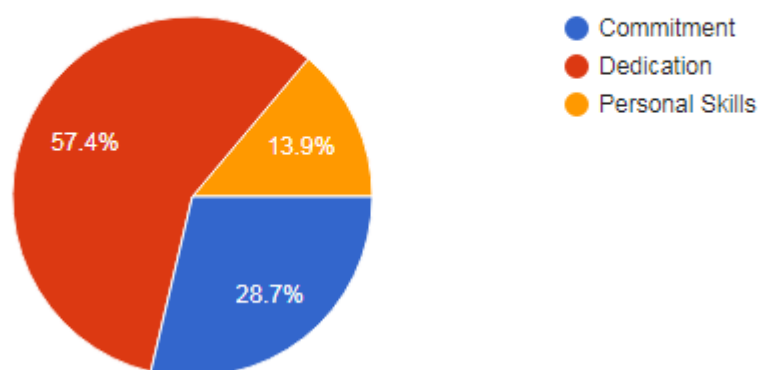
4. Would you recommend your friends/juniors to join NSS?

101 responses



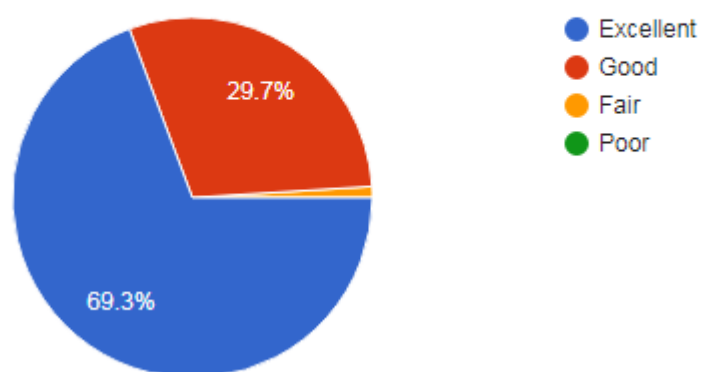
5. What make NSS volunteers a homogenous ideological group

101 responses



6. How do you rate the activities of NSS for the academic year 2019-20?

101 responses





CO-ORDINATOR'S EVALUATION

NSS unit of St Xavier's College for Women has a long legacy of Community service. It is a platform for their personality development. The programmes organised by NSS not only enriches their societal commitment but also their overall development.

Apart from the scheduled programme stipulated by the university, NSS unit of our college virtually set no limits for the programme that comes in its way. Flood relief activities and flood relief materials were rendered to the affected people. Blood donation camps were organised thrice. Cleaning drives were conducted regularly. NSS Volunteers acquired life experiences through different camping programmes like Nature Camp, Mini Camp, and Special Camp.

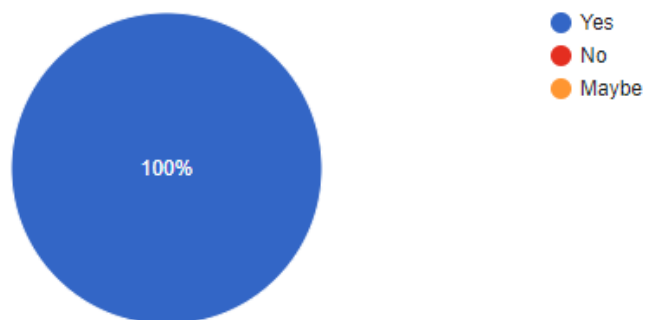
The different dimension of NSS activities was an eye opener for the volunteers. One could witness signs of better transformation in their attitude and behaviour-a spark for a better and brighter tomorrow.



STAKEHOLDERS' FEEBBACK

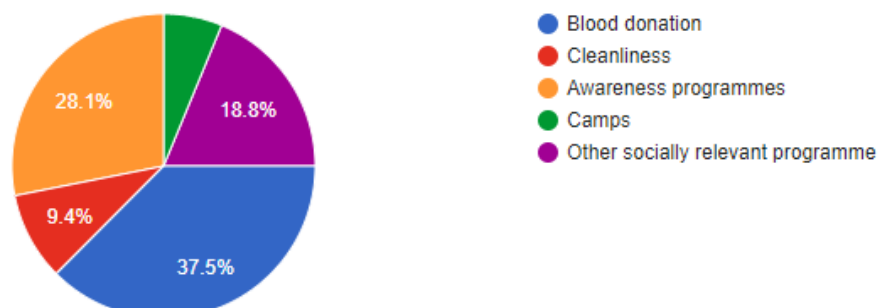
1. Are you happy with the activities of NSS?

32 responses



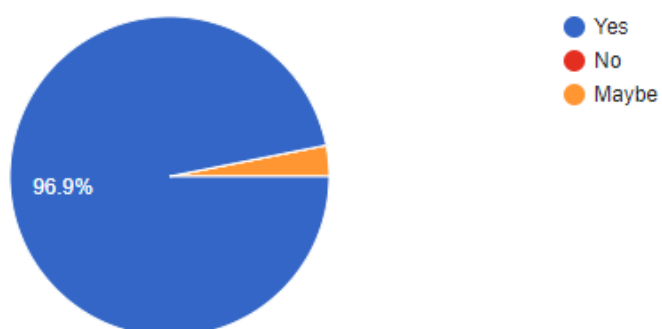
2. Which activity do you think is the highlight of NSS?

32 responses



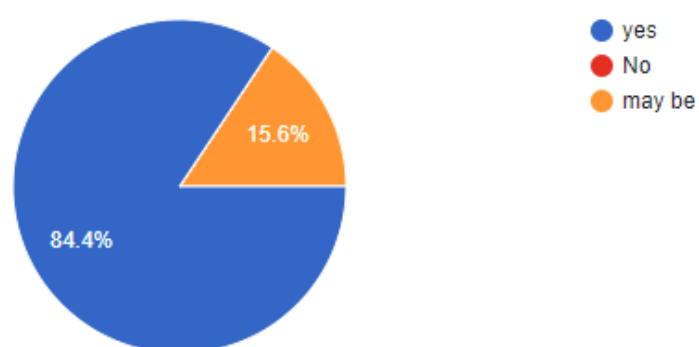
3. Do you think NSS could mould the personality of volunteers?

32 responses



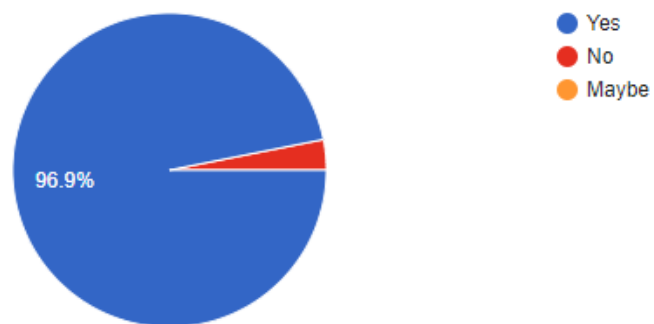
4. Should grace marks be awarded to NSS volunteers?

32 responses



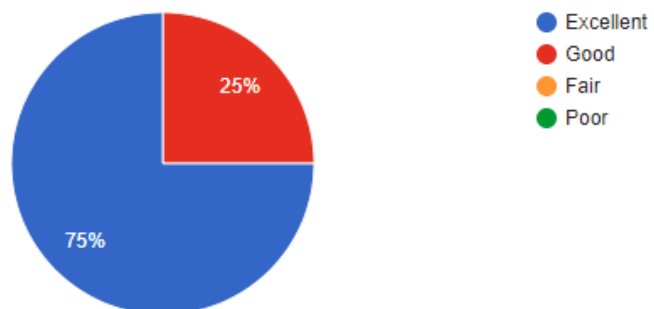
5. Would you recommend your wards to join NSS?

32 responses



6. How do you rate the activities of NSS for the academic year 2019-20?

32 responses





National service scheme incorporates student life and community life in a seamless ensemble service through student participation. The activities carried out by NSS always stand unique. The best Practices of NSS are as follows.

HAIR DONATION

In association with Amala Institute of Medical science, Thrishur, NSS unit of our college arranged a hair donation camp. One teacher and 16 students donated their hair. The donated hair was used to make wigs for cancer patients.

BLOOD DONATION CAMP

A conspicuous humane gesture - from the students, teachers and non teaching staff as they come forward voluntarily to donate blood. In association with IMA Aluva and Govt Hospital Ernakulam NSS unit arranged three blood donation camps. Around 37/38 units of blood are collected during each camp.

GREEN CAMPUS CLEAN CAMPUS

To tackle the issue of environmental pollution and to reduce the use of paper and plastic items NSS unit took the initiative to make the campus green and clean. During functions and celebrations in college where tea is to be served, NSS unit decided to serve tea in steel glasses.

To segregate degradable and non degradable waste, NSS unit installed two containers in the college premises to dispose waste. Student volunteers did a class to class campaign to sensitise the need for a systematic disposal of waste.

CLEANING DRIVE

Cleanliness is next to Godliness. Upholding this doctrine NSS Volunteers frequently cleaned the college premises and Road side (from Thanaloram to Aluva Palace).

AT PADDY FIELD IN CHOORNIKKARA

In collaboration with Adayalam, a voluntary organisation, NSS Volunteers had the rare opportunity to participate in paddy cultivation. Volunteers enjoyed making a narrow stretch of walkway that serves as a partition in a paddy field.

PALLIATIVE CARE

NSS Volunteers were given Palliative care training from Anwar pain and Palliative care society, Aluva. One trained volunteer visited an old inmate of our convent and spend a few hours with her. The aged nun was happy to see her and talked for a while. Even the volunteer too was happy to spare her time with the sister.