



ST. XAVIER'S COLLEGE FOR WOMEN, ALUVA
REACCREDITED BY NAAC WITH A GRADE (CGPA 3.33)

DEPARTMENT OF PHYSICAL EDUCATION
ANNUAL REPORT
2017-2018

DEPARTMENT OF PHYSICAL EDUCATION

ACTIVITIES DURING THE YEAR 2017-'18

The Department of Physical Education organized the 24th Msgr. Augustine Maveli Memorial All Kerala Inter Collegiate Volleyball tournament and 24th Rev. Sr. Redempta Memorial All Kerala Intercollegiate Basketball tournaments. **Sri Rajesh K** inaugurated the championships. **Shri Abdur Nassar K**, Vice –president of PTA distributed prizes to the Volleyball tournament Winners and **Sri. Jaison Peter**, President Ernakulam District Basketball Association, give away the prizes to the winners in Basketball Matches.

Assumption College were the winners defeating St. Xavier's College in the finals, and in Volleyball, St. Joseph's College, Irinjalakuda Won Msgr. Augustine Maveli memorial volleyball trophy defeating St. Xavier's, College Aluva.

Basketball Team



- **Participated** in the Golden Jubilee All Kerala Inter Collegiate Basketball tournament organized by Assumption College, Changanasserry on 28th to 30th of August 2017.
- **Winners** in the Ernakulam District Basketball championship held at Carmel Club, Aluva on 27th - 29th of Oct 2017.
- **Runners up** in the M.G. University Intercollegiate Basketball Championship held at St. Xavier's College, Aluva on 2nd & 3rd of November 2017.
- **Participated** in the Senior State Basketball championship held at Mullankolly , Wynad from 20th -26th November 2017.
- **Runners up** in the 24th Rev. Dr . Sr. Redempta memorial All Kerala Inter collegiate Basketball tournament organized by our college on 29th & 30th of November 2017

Reshma Rapheal, Arya Mathew and Fathimasumeera R participated in the Senior State Netball championship held at Kollam on 10th and 11th of October 2017.

Anju Mathew and Harsha Joy represented M G University in the South –West Zone Basketball Championship held at Anna University, Madras 26th -30th December 2017 and secured 3rd place.

Anju Mathew and Harsha Joy represented M G University in the All India Inter University Basketball Championship held at Anna University, Madras 26th - 30th December 2017 .

VOLLEYBALL TEAM



Our college Volleyball team participated in various All Kerala inter collegiate tournaments.

- **Participated** in the Sr. Treasa Mary memorial **All Kerala Inter Collegiate Volleyball** tournament organized by Assumption College, Changanasserry on 28th to 30th of August 2017.
- Volleyball team were the Runners up in the M G University Inter collegiate Volleyball championship held at Pala on 18th and 19th of September, 2017.

- **Winners** in the Exhibition Match held at Manjappra on 5th November 2017, played against St Teresa's College Ernakulam.
- **Winners** in the **Ernakulam District Senior Volleyball** championship held at Malayattoor from 6th -12th of November 2017.
- **Winners** in the **Ernakulam District Youth Volleyball** championship held at Kummanadu on 26th November 2017.
- **Runners up** in the 25th Msgr. Augustine Maveli memorial All Kerala Inter collegiate volleyball tournament organized by our college on 27th -28th November 2017
- **Our Volleyball team participated** in the Senior State Volleyball championship held at Sulthan Battery from 4th -10th of December 2017.

(Aswathy P S, Dhanusha Velayudhan, Anamika Babu, Athulya J S, , AnuKrishna M S Ayana Ajith ,Kavya K and Anagha K P were the team members representing Ernakulam District)
- **Aswathy Raveendran** were the Member of the Pathanamthitta District Volleyball team which won the **third place** in the Senior State Volleyball championship held at Sultan Battery from 4th -10th of December 2017.
- **Aswathy Raveendran and Jisha K S** represented M G University in the South – West Zone Volleyball Championship held at Kannur from 24th -25th of October 2017 and were the Winners they were also winners in the **All India Inter university** Volleyball Championship held at Kannur from 27th -30th of October 2017.

Athletics Team



Our college Athletics team won the Winners Trophy in the 61st Ernakulam District Athletics championship held at M A College Stadium, Kothamangalam on 19th -20th August 2017.

NETBALL TEAM

- College Netball team participated in the M G university Netball championship held at Assumption College Changanaserry on 13th and 14th of August 2017.

✚ International Yoga day celebrated on 21st of June 2017. Our sports students involved in the demonstration of various Asanas and Yoga

- **Aswathy Raveendran and Jisha K S** represented M G University in the South – West Zone Volleyball Championship held at Kannur from 24th -25th of October 2017 and were the **Winners** they were also winners in the **All India Inter university** Volleyball Championship held at Kannur from 27th -30th of October 2017.
- **Aswathy Raveendran and Jisha K S** were the members of the Winning gold medal for the Youth National Volleyball championship held at Madhya Pradesh from 31st December 2017 to 7th of January 2018
- **Aswathy Raveendran** were the member of the Kerala team for the Senior Nationals Volleyball championship which will held at Kozhikode from 23rd to 28th February 2018.
- **Anju Mathew and Harsha Joy** represented M G University in the South –West Zone Basketball Championship held at Anna University, Madras 26th -30th December 2017 and secured 3rd place, they also secured 3rd place in the All India Inter University Basketball Championship held at Madras.

Ms Sugithra C S and Soniya M J secured 3rd place in the Albertian All Kerala Inter Collegiate Open Chess Tournament organized by St. Albert's College Ernakulam on 3rd February 2018 .



Dr. Cicily Pearly Alex , Head of the Department of Physical Education participated as **Technical official representing India** in the **Asian Track and Field** championship at Bhubaneswer ,Odisha from 02.07.2017-12.07.2017.



Sports day conducted on 16th February 2017. Various competitions were conducted for Students, Teaching and Non teaching staff members.

Players /Students and teachers achievements for the year 2017-18

- **Anju Mathew and Harsha Joy** represented M G University in the South –West Zone Basketball Championship held at Anna University, Madras 26th -30th December 2017 and secured 3rd place.

- **Anju Mathew and Harsha Joy** represented M G University in the All India Inter University Basketball Championship held at Anna University, Madras 31st December 2017 to 3rd January 2018, and secured 3rd place.

- **Aswathy Raveendran** were the Member of the Pathanamthitta District Volleyball team which won the **third place** in the Senior State Volleyball championship held at Sultan Battery from 4th -10th of December 2017.

- **Aswathy Raveendran and Jisha K S** represented M G University in the South – West Zone Volleyball Championship held at Kannur from 24th -25th of October 2017 and were the **Winners** they were also winners in the **All India Inter university** Volleyball Championship held at Kannur from 27th -30th of October 2017.

- **Aswathy P S, Dhanusha Velayudhan, Anamika Babu, Athulya J S, , AnuKrishna M S Ayana Ajith ,Kavya K and Anagha K P** were the team members representing Ernakulam District in the Senior State Volleyball championship held at Sulthan Battery from 4th -10th of December 2017.

- **Aswathy Raveendran and Jisha K S** were the members of the Winning gold medal for the Youth National Volleyball championship held at Madhya Pradesh from 31st December 2017 to 7th of January 2018.

- **Aswathy Raveendran** were the member of the Kerala team for the Senior Nationals Volleyball championship which will held at Kozhikode from 23rd to 28th February 2018, and secured **second** place

Netball

- **Reshma Rapheal, Arya Mathew and Fathimasumeera R** participated in the Senior State Netball championship held at Kollam on 10th and 11th of October 2017.

- **Ms Sugithra C S and Soniya M J** secured 3rd place in the Albertian All Kerala Inter Collegiate Open Chess Tournament organized by St. Albert's College Ernakulam on 3rd February 2018 .

Achievement of Staff members

- ✚ **Dr. Cicily Pearly Alex** , Head of the Department of Physical Education participated as **Technical official representing India in the Asian Track and Field** championship at Bhubaneswer ,Odisha from 02.07.2017-12.07.2017.
- ✚ Qualified the **Technical Delegates** exam conducted by Athletic Federation of India ,at NewDelhi from 27.1. 2018 to 30.1.2018 .