



**ST. XAVIER'S COLLEGE FOR WOMEN, ALUVA**  
REACCREDITED BY NAAC WITH A GRADE (CGPA 3.33)  
ISO 9001-2015 CERTIFIED

**DEPARTMENT OF PHYSICAL EDUCATION**  
**ANNUAL REPORT**  
**2020-2021**

## DEPARTMENT OF PHYSICAL EDUCATION

### ANNUAL REPORT (2020-'21)



Our college Volleyball team participated in the All Kerala inter collegiate tournament.

➤ **Runners up** in the Ernakulam District Senior Volleyball championship held at Eloor from 5<sup>th</sup> to 7<sup>th</sup> of February 2021.

➤ **Sona S Kumar, Jisha K S, Anulakshmi M S, Swathykrishna T and Suramyya S** got selection to represent Ernakulam District in the

➤ Senior South Zone championship held at Varapuzha.

➤ Anagha P K , Aleena Thomas

➤ **International Yoga day** observed by organizing a National webinar on 21<sup>st</sup> of June 2021. Dr Vrinda , Government Ayur Veda Hospital, Kasargode , were the Resource Person.

### ATHLETICS TEAM



- Our college Athletics team won the Runners up **trophy** in the 64<sup>th</sup> Ernakulam District Athletics championship held at M A College

Kothamangalam and Maharaja's College Stadium, Ernakulam from 4<sup>th</sup> 7<sup>th</sup> of February 2021, respectively.

- Kum. Anupama Biju and Kum .Namitha K P represented Ernakulam District and participated in the Senior State Athletics Championship held at Calicut from 18<sup>th</sup> to 21<sup>st</sup> February 2021

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### **TECHNICAL OFFICIAL**

 **Dr. Cicily Pearly Alex** , Head of the Department of Physical

Education participated as **Technical official** for the conduct of South Zone National Junior State Athletics Championship held at Calicut from 25<sup>th</sup> -28<sup>th</sup> of February 2021.

1