



ST. XAVIER'S COLLEGE FOR WOMEN, ALUVA
REACCREDITED BY NAAC WITH A GRADE (CGPA 3.33)

**COUNSELLING CELL
ANNUAL REPORT
2017-2018**

Annual Report - Counselling Cell 2017- 2018

Faculty in charges: Dr. Newly Joseph & Dr. Aneymol V.S.

Counselling cell is functioning in the college effectively for the faculties and students and it ensures its secrecy. Students by themselves and also the mentors direct those who are in need for counselling. Counselling is provided on every Thursdays by Dr. Sr. Ruby external counsellor from Prasanthi Counselling centre, Edapally. Approximately 141 numbers sought counselling in this academic year. The counselling has helped the students to develop confidence reducing the stress of the adolescence. Students with difficulties were given suggestions for improvement.

Biodata of counsellor

Dr. Sr. Ruby etc



Dr. Sr. Ruby etc, a native of Palliport, Ernakulam, belongs to the Congregation of Teresian Carmelites (etc). She completed her degree from St. Xaviers College for Women, Aluva and B.Ed. from Mt. Carmel College, Kottayam. She did her M.Sc in Psychology and Diploma in Counseling from Madras University and NVSC, Pune respectively. She completed her PhD in Counseling Psychology from De LaSalle University, Manila, Philippines.

She has 5 years of teaching experience in St. Francis School, Aluva and 10 years of teaching experience in Carmel Giri Seminary, Aluva. At present she is working as a counselling psychologist at Prasanthi Counseling Center at Edappally Toll. She is also a part time counselor at AISAT Engineering College, Kalamassery and P S Mission Hospital, Maradu. She conducts Seminars, Work Shops, Courses on Psychology related topics to Students, Youth, Parents, Teachers, Trainers, Religious, Couples, Seminarian etc in India and abroad.

She is also working as a parttime counselor at St. Xaviers College Aluva for the past four years.

PRINCIPAL