



**ST. XAVIER'S COLLEGE FOR WOMEN, ALUVA**

Re-accredited by NAAC with A Grade, CGPA 3.33

ISO 9001:2015 Certified

AFFILIATED TO MAHATMA GANDHI UNIVERSITY, KOTTAYAM, KERALA

JUNE-OCTOBER 2022 | VOLUME 1 ISSUE 1

# IMPRINTS

VOLUME 1. ISSUE 1. NOVEMBER 2022



## PRINCIPAL'S MESSAGE



**PROF.DR.MILON FRANZ**

*Words Speak  
They ignite the minds  
They engrave memories  
Words create history  
They enshrine the past  
and change the future  
These pages speak about  
You and me...  
and they speak for us*

*All the Best!*



## MAJOR ACHIEVEMENTS



## FACULTY ACHIEVEMENT



**Guideship - Dr. Annie Feby & Dr. Baby Divya (Dept of Zoology)**



**ALSWA Education Icon of the Year Award 2022**

## FROM THE EDITOR'S DESK



This issue of the college newsletter embraces the bold attempts made by the institution and its stakeholders to overcome the dreary, exclusionary pandemic days and head towards a brave new world.

This academic year has ushered in a positive vibe among all the stakeholders. Being a NAAC year, preparations are in full swing with a flurry of activities from all corners. Each department has swung into action and has taken initiatives to mould their students into proactive individuals who will work for the betterment of society. The wide range of activities displayed in this issue of the newsletter demonstrates that it was possible not by chance or magic but through hard work, and persistence!

# I M P R I N T S

## ACHIEVEMENTS



### ZOOLOGY



Anjaly Reghu  
(I Position)



Fathima Nazrin P A  
(II Position)



Angel Sandreya Correya  
(III Position)



Chithrathara M  
(III Position)  
Sadiya P K (XI  
Position)



Megha Maria Lal received a grant amount of Rs 10,000 for internship under Azim Premji University.

Ms. Megha Maria Lal, Neha Shajahan & Evelin Rose Denny & Mentors: Dr. Revathy S & Dr. Seema K won Consolation prize & cash award of Rs 3000 in the Samrambhak Mithra & Kerala Startup Mission Idea Challenge Grand Finale held at Mar Ivanios College Trivandrum.



Bhadra G Nair of III B.A English, won the third prize at Idea Challenge Season II (by Samrambhak Mithra). She has also successfully applied for patent



AWARDED PH.D  
DR. SR. SHARIN



Ms. Sonia John Markose  
IIC Top 5 Innovation Ambassadors



Rev. Dr. Sr. Stella - Speaker & Chair at  
the IIC Regional Meet



**Ms. Megha Maria Lal of the  
Department of Zoology received a  
seed money of Rs 1 Lakh in  
recognition of innovative idea  
"Biobrick" under Chalo India**





## DEPARTMENT OF PHYSICS



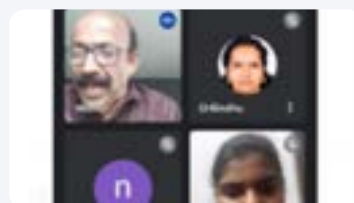
Dr. Jijo C Issac inaugurated the activities of the Physics Association for the year 2022-23. Capt.Dr.Bridget Joseph K offered her felicitations. Students who secured the highest positions in the IAPT exam were also felicitated on that day.This was followed by a talk on " Femtosecond Lasers-Matter under Extreme Light" by Dr.Jijo C Issac.



In Association with Energy and Environment Conservation Club The Department of Physics celebrated World Environment Day by organising a poster designing competition for students.Students from various departments participated in the poster design competitions.



In connection with the International day against drug Abuse ,NSS and Department Of Physics organized A webinar on "Effects Of Drugs Among The Youth" on 25/6/2022 At 10 Am. Former Deputy Excise Commissioner G Muraleedharan Nair, was the Resource Person.



## DEPARTMENT OF BOTANY



A training session on personality development ,“Importance of being me” was conducted jointly by the Department of Botany and zoology on 21/07/2022. Mr. Shyam Mohan, Associate professor and Head of Department of Bioinformatics ,UC College,Aluva was the resource person.



An Exhibition-cum-sale was conducted by the Department of Botany as a part of 'Karkidakam' on 25/07/2022.Students exhibited 'Dashapushpam' plants and detailing of health treatments practiced during the month of Karkidakam. And a sale of food products related to it was also conducted.



A talk entitled 'Human rights in India:Issues and Challenges' was organised jointly by the department of Botany and Mathematics in association with Lotus nature club on 29/08/2022. The resource person was Ms. Minimole K A, Assistant Professor, Dept. of Economics, St.Xavier's College for Women, Aluva.



## DEPARTMENT OF COMMERCE



On 26/07/2022 PG Department of Commerce and Research Centre in association with Junior Chamber International, Cochin Chapter conducted a programme called Equipped to excel. A total of three sessions were conducted with first session on effective communication, II session on etiquette and third session on Group discussion and interview skills.

On 20/07/2022 PG Department of Commerce and Research Centre conducted an international seminar on the topic workplace culture and diversity. The seminar gave students to interact with resource person Ms. Deepa Mathew who is working as Strategic Project manager in McMaster University, Canada.



On 8/8/2022, Ms. Anupama K, Assistant Professor from the Department of Commerce and management, Jyoti Nivas Autonomous College took a seminar on Bit Coin and Digital currency. It also comes under faculty exchange programme under MOU signed by Jyoti Nivas College autonomous and St. Xavier's College for Women, Aluva.



Orientation programme on add on programme securities operation and risk management –opportunities and importance of NISM certification was done for the first year students. 51 students participated. Mr. Unnikrishnan from Geojith foundation was the resource person. On 7th Oct students of the department took part in MOOC farming activity.



As part of extension program, the PG Department of Commerce and Research Centre organized a visit to SOS Village, Aluva. The extension programme was conducted on 24th June 2022.



The department participated in the national handloom day on 11th Aug 2022 which was conducted in association with NSS, NCC and EBSB. The department also took part in Azadi Ka Amrit Mahotsav rangoli and freedom wall.



## DEPARTMENT OF HINDI



On 14th September 2022 Wall Magazine was released. The Hindi students of I B.Com took the initiative to create the wall magazine. The wall magazine was released by the Principal Prof Milon Franz.

On 15th September 2022 Crossword Puzzle Competition was organized. Crossword puzzle was given to the students and were asked to fill and drop into the box kept near the Hindi department on 16th September 2022. II DC students- Hadeel Ismail (Mathematics) and Sreelakshmi AS (Physics) were the winners of the competition.

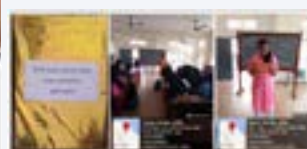
On 16th September 2022 Hindi Prayer Song Competition was organized. Nandana Shanavas (Economics), Asin Maria (English), Caroline (Zoology Model II) got I, II and III prize respectively.

On 20th September 2022 Reading Competition was organized in loving memory of the great Hindi writer Munshi Premchand. A reading material on Munshi Premchand was given to the students. Vrinda Sudhi (Botany), Anjali Angel (English) and Hennath of Department of Chemistry won I, II and III prize respectively.

On 20th September 2022 Handwriting competition was organized in loving memory of the great Hindi writer Munshi Premchand. A passage on Munshi Premchand was given to the students. Sneha PP (Mathematics), Lakshmi AJ (Mathematics) I and II prize respectively. III prize was shared by two students- Sreenanda MS (Mathematics) and Niya Filamin (Chemistry).

On 22nd September 2022 Speech competition was organized. The topic given for the competition was Official Language Hindi (राज भाषा ॐहूदध). Hamna Naurin (Chemistry) won the prize.

On 26th September 2022 an exhibition was organized. The exhibition was about the Gyanpeeth award winning Hindi writers. Zoology Model II Hindi students took the initiative to organize the exhibition. It was exhibited in front of the department of Hindi.



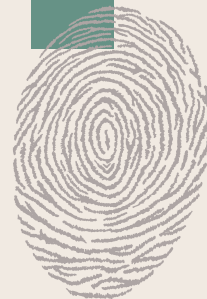


# DEPARTMENT OF B.VOC

The inauguration of the B.voc departments B.Voc Accounting and taxation B.Voc Software Quality Assurance and Quality Control, B.Voc Culinary Arts and Hospitality Management was held on 29.09.2022, 10am-1.00pm in the Mother Teresa Hall. Students were given orientation on stress and time management ,Exam preparation by Mr. Adharshkumar G Nair who was the former RTO CUM trainer.



IMPRINTS



# DEPARTMENT OF ECONOMICS



The activities of Economics association for the year 2022-23 were inaugurated on 23rd June, by Mr. Francis M.C, Assistant Professor, Department of Economics, St.Albert's College , Ernakulam. He conducted an Orientation Session for Competitive Exams. Ms. Akhila Sunil Raj who secured Fourth position in the university Examination, was honoured by Respected Principal.

As part of the Internal Yoga day celebration-2022, organized a talk on "Yoga: The rhythm of the body, the melody of the mind, and the harmony of the soul" by Ms.Lakshmi Balakrishnan, Yoga Instructor, Life Yoga Centre, Edappally.

In connection with World Population Day The department of Economics organized a Population day quiz on on July 11th, 2022. Aleena Simon & Sandra Martin of III B.om Finance and Taxation secured first prize. The second prize secured by Riswana C.B & Fathima Fidha of III DC Economics.

As part of the World population day observance, the final year degree students of the department created two videos and published the same in the Youtube channel of the department.

The departments of Economics in collaboration with Department of Commerce Self-financing organised an international seminar on Covid-19 and Entrepreneurship: Synergies and Strategies on 19th July 2022. Dr. Justin Paul, Chief Editor of International Journal of Consumer Studies (IJCS), Professor of Ph.D& MBA Programme University of Puerto Rico,USA and University of Reading England was the resource person of the seminar.

In association with Probhodha Trust and Human Rights Forum organized a National Webinar on "Human Rights in Gandhian Thought" on 17th August 2022. Sri.N Madavan Kutty , Ex-Resident Editor, Indian Express and Adv.M.K Saseendran , Writer and President, Kerala Kavi Samajam were the resource persons of the seminar.

The department of Economics organised an Expert talk for Students on the role of Innovation and Entrepreneurship in Economic Development on 28th September 2022 by Sr. Dr.Sr.Sharin, Department of Economics, St.Xavier College for Women,Aluva.

As part of the observance of Gandhi Jayanthi, the department organised a webinar on Gandhi: A Contemporary perspective.Dr.Siby K Joseph ,Director,Sri.Jamnallal Bajaj Memorial Library Research centre, Sevagram Ashram , Prathishthan ,Wardha and Prof.K.P Shankaran (Rtd), St.Stephen College, New Delhi were the resource persons.

The department of Economics in association with IIC and IEDC organized Student's Expert Talks on "Creative and innovative Learning Strategies" on 20th October 2022. The resource persons were Nandana K.B, Meenakshi K.B, Reshma Lucy, Sandra C.S, Jyothika M.A, and Bhagya Krishna, Final Year degree Students.

A webinar on "Innovations in Internationalising Education : Opportunities and Challenges" was organised on 27th October with Dr.Hareesh N Ramanathan,Assistant Director, Office of International Relations, CUSAT.





## DEPARTMENT OF MALAYALAM



Department of Malayalam conducted Vayanavaracharam on 20th June 2022. This was inaugurated by Dr. Roshni Swapna. The programme came to a close on 24th June 2022. Most of the programmes were conducted in connection with Vaayanavaracharam.



Department of Malayalam in collaboration with DISA conducted a seminar in QUEER Literature led by famous poet Vijayarajamallika, Adarsh E and Vishnu Sujatha Mohan K on 11th July 2022.

Department of Malayalam conducted Basheer- Kesava Dev Anusmaranam on 21st July 2022. Ms. Sreekkutty K took a class for the students of the department.



Department of Malayalam conducted Ezhuthocha on 26th July 2022. Many programmes were presented by the students of the Department.

Department organized Lokaparisthithisamrakshanadinam on 28th July 2022. In connection with this programme the students performed a visual presentation of the work Bhumiyyude Avakasikal.



On 11th October 2022, the Department of Malayalam organized a Seminar on Research Methodology, by Dr Sivaprasad P, Assistant Professor, Department of Malayalam, Calicut University.



Department of Malayalam organized a short film presentation ( Kochurani) followed by a discussion on 12th October 2022. The programme came to an end with a short session by Director Hena Chandran.



Department of Malayalam conducted a Personality Development session that was piloted by Sri. M Renjith Kumar.

In connection with IIC and IEDC an Entrepreneurship & Innovation Workshop was organised on 25th October 2022 .MA Malayalam second year student Ms.Monikka Nayana Fernandez led the session.





## DEPARTMENT OF ENGLISH

On the occasion of World Environment Day, June 6th, competitions like Trash to Treasure Competition were organised for the students where students were encouraged to use waste materials and make useful or creative objects/products.



A Skill development programme titled 'Enable series 2022' was organised from June 27th-29th and July 12th-14th. With the motto "by the students for the students" technical and creative sessions were organised by students for interested students. Skills like graphic designing and editing, photography, Calligraphy etc were taught to the students.



An e-lecture on Philosophy and Ethics was organised by the department for research scholars on 28th June 2022.



Francis Master Memorial National Seminar & Intercollegiate Paper Presentation Competition was organised by the Research department of English on 22nd July 2022 where Dr. Krishnan Unni P, Professor, Deshbandhu College, Delhi University served as the resource person.



On the occasion of Azadi Ki Amrut Mahotsav, the students council conducted an Indian Cultural Fiesta on August 17th in which students of the English department bagged the first prize.



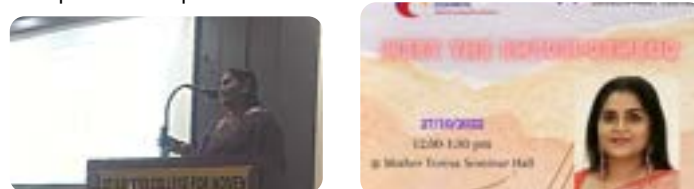
Prof.Rebecca Grace Memorial Lecture was held on 26th September 2022.Prof. K.M Sheeba, Head,Department of history, Sree Sankara University of Sanskrit served as the resource person.



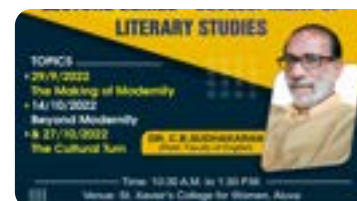
On 22nd July 2022,Ms.Bhadra G Nair of third B.A English bagged the third prize at Samrambak Mitra State level idea challenge for her game 'Chitpo'.



In association with IIC and IEDC, the department of English organised a "Meet the Entrepreneur" session for the students of the college. Prominent Alumni and entrepreneur Ms.Pearl Poulouse Varkey inaugurated the session and gave a talk on 'Entrepreneurship and Women'.



In Association with the PG department of English, Sree Sankara College, a Lecture series on 'Development of Literary Studies' was organised. Retired professor Dr.C.B Sudhakaran handled the sessions.



On 21st October 2022 an awareness programme on Human Rights: Legal Perspectives was organised by the department. Advocate Smt. Swarna Thomas handled the session.





## DEPARTMENT OF COMMERCE (SF)

The PG Department of Commerce self-financing inaugurated the Commerce Association (CLUB-COMMERCIO) on June 16, 2022. Club Comercio was officially inaugurated by CA Dona Maria J. University rank holders of our department were honored and a session was arranged for students to create awareness about various Acts and Laws prevailing in our country. The session was handled by Ms. Vincy P S, Inspector of Police.



PG Department of Commerce Self-financing organized a session on yoga in connection with International Yoga Day on 21/06/2022 at 12 pm. The resource person, Ms. Amrithapreetham C.M., handled the session and 114 students attended. There were two sessions, the first session was a talk on international yoga day and thereafter a practical session was provided.



### One Child, One Book, One Pen - Best Practice initiative at Govt. L.P.School, Karumalloor, Manakkapady.

PG Department of Commerce Self-financing collected one book & one pencil from interested students of our department. Around 100 books and pencils were collected and distributed to the students of Govt.L.P.School, Karimallloor.



To celebrate national reading day and to inculcate a habit of reading, understanding and acquiring knowledge an Interdepartmental Book Review competition was conducted by Club Comercio on June 21, 2022. Several students from each department took an active participation in the event and made it a great success.



Department Poster making competition was conducted on 14 July, 2022 by Club Comercio. A total of 11 groups from each 3 classes of our department took an active participation in the program. Competition ended at 1.30 PM with all the groups successfully completing their posters.



the Departments of Economics in collaboration with Department of Commerce Self-financing organized an international seminar on "Covid-19 and Entrepreneurship: Synergies and Strategies" on 19th July 2022. Dr. Justin Paul, Chief Editor of International Journal of Consumer Studies (IJCS), Professor of Ph.D & MBA Programme University of Puerto Rico, USA and University of Reading England was the resource person of the seminar.

FILM CLUB in collaboration with PG Department of Commerce (Self-Financing) arranged a film show for students to make them aware about women empowerment. 40 students joined the programme.



PG Department of Commerce Self Financing had organized a programme named 'Kaniv [A helping hand]'. As part of this program Bed sheets were distributed to the people residing in Aluva Street.

On July 30, a Cancer Awareness Program in association with Aster Medicity Nursing wing was conducted in Karimallor Panchayath. Around 60 persons participated in that program.



An Orientation and Motivational talk were given to UG first year students during this academic year. The program was initiated by HOD's of three different departments of PG Department of Commerce-(S/F), Ms. Jomsy Thomas (HOD BCom Finance & Taxation), Ms. Rakhi K Rockey (HOD BCom Co-operation) and Ms. Steffy Pius (HOD BCom Computer Applications).







## DEPARTMENT OF CHEMISTRY

On World Environment Day, as a part of awareness program on the importance of planting trees, students of the department prepared a powerpoint presentation on Miyavaki forest and presented it before the students of SNDP high school Aluva on 6th June 2022



Department of chemistry and botany students secured first prize in freedom wall competition conducted in connection with 'Azadi ka Amrith Mahotsav' on august 12th 2022



Chemistry students visited IIRBS MGU on Open day 26th august- to get acquainted with various instruments and processes in chemistry laboratories



Students participated in Indian cultural fiesta interdepartmental competition on 17th august 2022. Department of chemistry has secured second prize in pookalam competition conducted during onam celebration.



Department of chemistry organized a workshop on natural soap making on 21st July 2022 for the chemistry students to inculcate their skills and develop an entrepreneurial attitude among them.



Department of chemistry organized a seminar on 12th October on the topic "Innovation, research and research opportunities in chemistry" by Dr Shalumon K T Assistant Professor, Dept of Chemistry, SH college, Thevara



## Achievements

III DC Chemistry student Ms Megha K A secured 5th position in MGU examination.

Ms Santy Sebastian and Ms Khadeeja Shajahan were among the finalist in idea challenge competition held at trivandrum.

Aleena Kuriakose III Dc Chemistry has secured 3rd prize in Bhoomithrsena ppt presentation on the topic "lifestyle for environment" conducted on 2nd August.



Old students meet- EUPHORIA - A Celebration of Memories conducted by OSAX on 14th august 2022



III DC Chemistry students has observed cleaning day on 12th July 2022 by cleaning their lab premises.



Organic farming by chemistry students



Dr Sr Stella K.A Speaker and chair in IIC regional meet held at KMEA Engineering College.

## DEPARTMENT OF ZOOLOGY

As part of World Environment Day 2022, Zoology department along with Bhoomithra Sena Club organised a talk on "Environment Sustainability and Climate Change" on 06-06-2022. Dr. Martin G D, CSIR-SRA, CUSAT was the resource person

ZALS- Zoology Alumni Lecture Series- Ms. Neetha P S, Ph. D Scholar(provisional) CSIR-NIIST, Thiruvananthapuram (B.Sc. Zoology Model 2, 2016-19 batch) gave a talk on "Higher education Opportunities for Life Science students" on 16-09-2022.

Eco Explorer series 5- A talk on "Hornbills and the Endangered Tropical Riparian Ecosystem" by Dr. Amitha Bachan K H, Assistant professor, Department of Botany, MES Asmabi College, Kodungallur was arranged for students on 29-09-2022. The resource person explained about different species of hornbills seen in India, their habitat and breeding Biology.



### Skill Development Programs

Department of Zoology and Botany jointly organised a personality development program for the undergraduate students of Zoology and Botany department on 21-07-2022. Mr. Shyam Mohan, Associate Professor, Department of Bioinformatics, UC College, Aluva led the session.

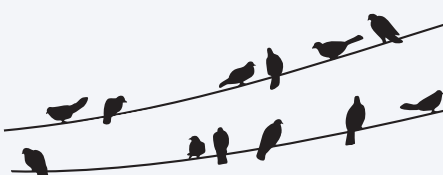
Department of Zoology and Chemistry jointly organised a session on "How to write a Compelling Curriculum Vitae (CV)/ Resume" for final year students of the college on 17-11-2022. Mr. Aswin S Kumar, National Volunteer Specialist, United Nations Volunteers India was the resource person. The program was supported by Youth Resource Centre, Ernakulam, United Nations Volunteers India, Ministry of Youth Affairs & Sports and UNDP, India.

Zoology Department organised a Basic Life Support/ CPR Skilling Program for the students and teachers of the college on 18-11-2022. The training program was supported by CSR of Federal Bank. Students and teachers were given training sessions on CPR as well as other First aid measures to be implemented at the time of emergencies.



### Bird Counts

Onam Bird Count was conducted in the college campus on 12-09-2022



### ACHIEVEMENTS

- Chithrathara M and Sadiya P K bagged third and eleventh rank with A+ in the M.G. University BSc Zoology Model I examination held in March 2022.
- Anjaly Reghu (S grade), Fathima Nazrin P A (A+) and Angel Sandreya Correya (A+) bagged first, second and third Position in the M.G. University BSc Zoology Model II examination held in March 2022.
- Megha Maria Lal received a grant amount of Rs 10,000 for internship under Azim Premji University,
- Nayan Julia Saji won second Prize for Short video contest held in connection with World Wetlands Day 2022 organized by KSCSTE-Centre for water resources development and Management, Kozhikode
- Ms. Megha Maria Lal, Neha Shajahan & Evelin Rose Denny & Mentors: Dr. Revathy S & Dr. Seema K won Consolation prize & cash award of Rs 3000 in the Samrambhak Mithra & Kerala Startup Mission Idea Challenge Grand Finale held at Mar Ivanios College Trivandrum.

### Patents published

1.ECO-MEDI BRICKS, Publication Date: 23/09/2022: Dr. Revathy S, Megha Maria Lal, Dr. Seema K, Evelin Rose Denny & Neha Shajahan.

2.IOT-BASED MONITORING SYSTEM FOR A FISH FARM AND AN ASSOCIATED METHOD THEREOF, Publication Date: 30/09/2022, Dr. Revathy S.



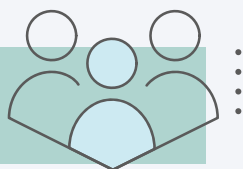
Chithrathara M and Sadiya P K



Anjaly Reghu, Fathima Nazrin P A & Angel Sandreya Correya



## DEPARTMENT OF COMMUNICATIVE ENGLISH



## IMPRINTS



**Xav Virtuoso Logo Launch-** The programme was conducted in association with the intercollegiate arts and cultural programme that is being conducted by Departments of English and Communicative English. Team Romancham were invited as guests to launch the logo. The logo launch was preceded by a dance performance by students. It was followed by a musical rendition by Sushin Shyam.



### READING DAY

**Reading Day-** June 20, 2022. The purpose of celebrating National Reading Day is to spread awareness to the people about the importance of reading & promote a culture of reading among people and encourage literary reflection on school children, youth, and the country's poorest population.



### FIELD TRIP

**Centennial Celebrations Of UC College Aluva-** The centennial celebration of the UCC, Aluva, offers a welcoming and equally influencing milieu to ponder over the legacy and uniqueness of an educational institution which withstood all odds till date.



## DEPARTMENT OF MATHEMATICS



### SEMINAR ON HUMAN RIGHTS

A talk on Human Rights in India: Issues and Challenges was conducted on 29/08/2022, in association with Lotus Nature Club, in which Ms Minimole K, Assistant Professor in Political Science, St Xavier's College, Aluva was the resource person.

### ENVIRONMENT PROTECTION INITIATIVE

Second year B Sc Mathematics students took part in the dry day observation initiative organized by the college on 16/09/2022.

### ORGANIC FARMING

Students took part in organic farming activities by planting saplings in college premises on 7/10/2022.



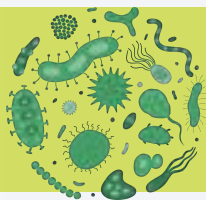
### INAUGURATION OF MATHEMATICS ASSOCIATION

Inauguration of Mathematics Association and seminar on Six Degrees of Separation-Small World Phenomenon was organized on 22.08.2022. Dr Seema Varghese, Associate Professor of Mathematics, Govt Engineering College, Thrissur was the resource person.





## DEPARTMENT OF MICROBIOLOGY



"Green day: An eco-initiative" was observed on 6th June 2022. Awareness was given about the importance of conserving the environment by planting trees and promoting the use of biodegradable bags.



The theme for World Food Safety Day 2022 is 'Safer food, better health'. Students created a video 7th June 2022 on this theme to bring awareness among the public about the importance of food safety and to draw attention on hygiene and action to be taken to prevent, detect and manage food borne illness. The need to consume healthy food for a healthy life was also highlighted. The video was posted in YouTube and WhatsApp group



A workshop on "Research Methodology- Scientific Writing" was conducted on 30th August 2022 to provide knowledge about Scientific Writing in Research Methodology for MSc. Microbiology students. Ms. Bini Francis, Assistant Professor, Zoology Department, St. Xavier's College for Women, Aluva was the resource person. The session included two parts. The first part covered the topic "How to write a scientific paper" and the second part dealt with scientific poster making with power point.

Awareness on the importance of yoga for a stress free life was created by sharing a video "Yoga awakens the Mind" on 21st June 2022 in YouTube and WhatsApp group.



Pamphlets on "Communicable diseases and Prevention" were distributed to people in and around Aluva on 23rd and 24th June 2022. Awareness about the diseases during rainy season, their causative agents, symptoms, mode of transmission and preventive measures were imparted to the public.



As part of an extension activity conducted by the Department of Microbiology "Health Sensitisation", the children of Anganwadi Center at Companypady, Chengamanad Puthuvassery, and Pulinchode were taught about "Good Habits" on 23rd & 24th June 2022. The students drew charts displaying various good habits we practice in our daily life. They enacted and taught the children how to wash and clean hands properly. The children at the Anganavadi Center were encouraged to demonstrate the main five steps of washing hands in the right way on their own by the students. The need to keep the nails short and trimmed was emphasized.



The Association activities of the year 2022-2023 was formally inaugurated on 12th October 2022 by Dr.k.Manjusha, Assistant professor in Microbiology, Department of Marine Biosciences, Faculty of Ocean Science and Technology, KUFOS, panangad.. An orientation session- "A Way Forward After Microbiology" was given by the resource person.



# IMPRINTS



## DEPARTMENT OF PHYSICAL EDUCATION



### BASKETBALL TEAM

Participated in the  
Ernakulam District  
Basketball  
Championship held at  
Regional Sports Center,  
Kadavanthra on 9th  
August 2022.



Athletics team won the Winners trophy in the 66th Ernakulam District Athletics championship held at M A College , Kothamangalam on 6 th-and 7th of October 2022.



C V Cup Volleyball tournament at St. peter's College Kolenchery on 27th -29th of September 2022.

42nd Bishop Vayalil All Kerala Inter collegiate Volleyball tournament from 14th -19th October 2022, at St. Thomas College, Pala.



Athletics team became Winner's in the Senior Girls category in the Centenary Athletics championship conducted by Aluva Municipality at St. Mary's High School Ground, Aluva.

Avisha C of 1st DC Economics became the Individual Champion in Senior Girls category.

- Avishna C- 1 Dc Economics 100 Mts ,200 mts ,400 mts and 4x100 mts Relay First.
- Abhina N - I Dc Economics 400 mts second and 4x100 mts Relay First.
- Neha Manoj IDc Malayalam Long Jump First and 4x100 mts Relay.
- Safnamol K F I Dc Commerce 4x100 mts Relay First



# NON-REGISTERED CLUBS



## MUSIC CLUB

In connection with NAAC Cultural Fest the audition of semi classical songs for the musical performance for Music Club members on 17/10/2022 . Music club members presented a performance. The participants sang Semi Classical songs. To enhance the Classical musical skills of the members, gave them opportunity to participate in various competitions, thereby opening up chances,

Music club conducted a duet competition for the Music Club members on 21/12/2022. The Music club members participated in the programme. The programme helps the students to avoid stage fear and helps to increase the harmony among the students from various departments.



## Painting & Photography Club

The Painting and photography club, NSS and NCC unit of the college took up the opportunity to create the 'Freedom Wall' which was an initiative of the Higher Education Department, Govt of Kerala Chapter on the occasion of Azadi Ka Amrit Mahotsav. Over 200 students from all the departments. The event commenced with the declaration made by the principal Prof.Dr.Milon Franz on 10.08.2022. The mural was completed within a span of 22 hours on 12.08.22. The Freedom Wall painting was executed under the leadership of the principal Prof.Dr.Milon Franz, Ms.Renjitha Reghunath, Dr.Ninu Rose, Ms. Camilla Diana and Ms.Steffy Pius.



## THEATRE CLUB

On 21st October the theatre club organized a best actor contest for the students. This was done in collaboration with students council. Over 20 students took part in the event. Students had to perform any scene from a play or movie with proper expression, body language etc.

The Theatre club and Nature club in association with the theatre group 'Theatre on Wheels' of Vidyodaya school performed the play 'Pashimaghattam' on Under the guidance of Ms. Sherly Somasundaram, students performed the play that focused on relevant social and environment issues.







## FILM CLUB

The Film Club arranged a film show for students to make them aware about women empowerment on 23.10.2022. Many students participated in this programme.

The Film Club in collaboration with PG Department of commerce (self-financing) arranged a film show for students to make them aware about women empowerment on 19.07.2022. Many students participated in this programme and made it a grand success.

film review competition was organised on 25 Oct 2022 with the motive of inculcating critical thinking among students. The movie given for review was "VICHITHAM", a new Malayalam movie of the contemporary period. Students watched the movie, they got a chance to analyse about their lives too.



## MEDIA CLUB

Debate competition organized by Media Club was held on 26.07.2022, 12.30 pm. Dr. Helan M. was the co-ordinator. The judge was Dr. Maria Paul, Head of the Malayalam Department. Ten children participated in the competition in two categories and the topic was whether K-rail is needed. There was a positive response from the children and they should different opinion both for and against.

The media plays a crucial role in Strengthening the sense of democracy and progressive outlook in the Kerala society. News Reading Competition was held on 29.07.2022, 12.30-1.30 pm. Dr. Helan M was the coordinator. This competition enables news ideas to be formed and different ideas to be formed.



## PEACE CLUB

In Association with International Peace Day, Debate Club and Peace Club of St. Xavier's College for Women, Aluva a conducted a Debate Competition on the Topic "Whether Peace brings Development or Development brings Peace and How far do you think the UN has involvement in this issue?". 23 students participated in the event and 2 were selected as the Best Speakers.

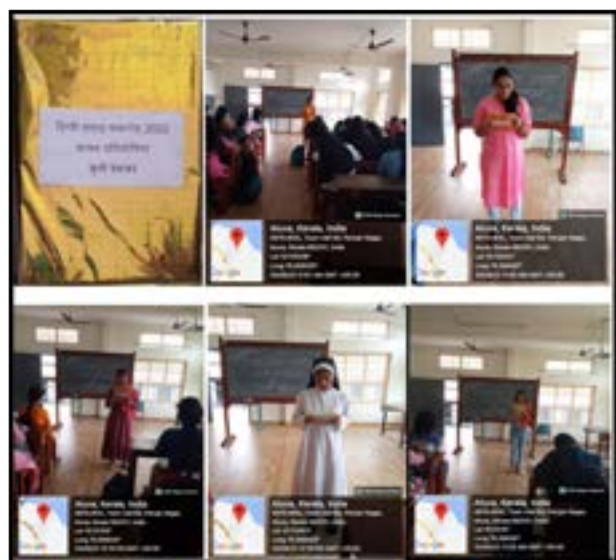
In order to create an idea of wall painting, peace club organise a wall painting competition.



# SOCH VICHAR CLUB

On 20th September 2022 Handwriting competition (हस्तलेखन प्रतियोगिता) was organized in loving memory of the great Hindi writer Munshi Premchand. A passage on Munshi Premchand was given to the students. Sneha PP (Department of Mathematics), Lakshmi AJ (Department of Mathematics ) I and II prize respectively. III prize was shared by two students- Sreenanda MS (Department of Mathematics) and Niya Filamin (Department of Chemistry)

On 22nd September 2022 Speech competition (भाषण प्रतियोगिता) was organized. The topic given for the competition was Official Language Hindi (राज भाषा हिन्दी). Hamna Naurin (Department of Chemistry) won the prize.



On 26th September 2022 an exhibition (प्रदर्शनी) was organized. The exhibition was about the Gyanpeeth award winning Hindi writers. Zoology Model II Hindi students took the initiative to organize the exhibition. It was exhibited in front of the department of Hindi.

On 15th September 2022 Crossword Puzzle Competition (शब्द पहेली प्रतियोगिता) was organized. Crossword puzzles were given to the students and were asked to fill and drop into the box kept near the Hindi department on 16th September 2022. II DC students- Hadeel Ismail (Department of Mathematics) and Sreelakshmi AS (Department of Physics) were the winners of the competition



# QUIZ CLUB



In Association with Independence Day , Quiz Club of St. Xavier's College for Women, Aluva ,conducted a Quiz Competition. The competition was on the topic ' Indian History and General Knowledge'. Three rounds were there. First round was a written test conducted on 16/08/2022 and five teams out of seven teams selected to the second and third round. The next two rounds were on 22/08/2022.



In order to create an idea of wall painting , the quiz club organizes a wall painting competition.

In association with College Youth Festival, Quiz club organized a quiz competition on 10th January 2023. The competition was conducted in two rounds where, first round was a written round and the second round was a visual round.







# DEBATE CLUB



In Association with International Peace Day , Debate Club and Peace Club of St. Xavier's College for Women, Aluva ,conducted a Debate Competition on 26th September 2022 @10.30am. Topic " Whether Peace brings Development or Development brings Peace and How far do you think the UN has involvement in this issue?".

23 students participated in the event and Ms.Nivedhitha S(II BA Economics) and Christleena Joseph (I Bcom) were selected as the Best Speakers.



Debate club of St. Xavier's College for Women, Aluva gave an opportunity to their members for creating ideas through Wall Painting on 8th December 2022. Students actively participated in the programme.

## FOLKLORE CLUB

On 26.07.2022,under the aegis of folklore club ,a folk song competition called THUDI was organized. Four teams participated in the competition. Folk songs were performed by the students. There was also good audience participation. The program helped to develop students' skill in singing folk songs.



On 29.07.2022 , Folklore club organized a handicraft workshop called SRUSHTI. The workshop started at 11.30 a.m. The students brought their handicrafts and showed others how they were made. Students participated in the craft workshop with great enthusiasm.

On 19.08.2022 Folklore Club organized the food fair called RUCHI. 7 teams participated in the competition. The students presented various food dishes of different places . The folk food fair was able to give a new experience to the students. It was possible to learn about the foods of different places and experience their taste through the folk food fair. participated in the craft workshop with great enthusiasm.





## ANTI-NARCOTICS CELL

Anti-narcotics cell in association with NSS and NCC arranged an awareness session and human chain in the campus as part of anti-drugs campaign "Battle against Drugs" on 01/11/2022. This event was conducted in collaboration with Human rights protection forum and was inaugurated by Mr. Anwar Sadath, MLA.

Principal Prof.Dr.Milon Franz addressed the gathering. Rev.Sr. Charles and different dignitaries from INO HRP gave messages against drug abuse. Mr. Jayakumar IAS ,director, Institute of management in government initiated human chain .NCC cadets and NSS volunteers conducted several programs.



# IMPRINTS



## ANTI RAGGING CELL

Anti Ragging Cell conducted a Legal Awareness Class for students by Ms. Vincy P.S., Circle Inspector , Women Cell, Aluva .The Cell conducted a Legal Awareness Class for students by Ms Deepa Raveendranath, Advocate, High Court of Kerala. An Anti Ragging Poster Design Competition was also organised by the cell.

## SC ST CELL

Two committee meetings of the cell were held during this academic year and students were given information regarding scholarships for the academic year 2022-2023. Remedial classes are given to the needy students in the required subjects based on their performance in examinations.

## COUNSELLING CELL

To ensure the holistic development of the students and teachers, counselling sessions are arranged in the college. Dr. Sr. Ruby CTC is our external counsellor of the College. The facility benefits both faculty and students.



## WOMEN'S CELL

The Cultural Fiesta was an Inter-Departmental Competition organized as part of Azadi Ka Amrut Mahotsav in our college to make the students aware of the cultural diversity and richness of India.



## SELF DEFENCE TRAINING

Women's Cell organized 2 days Self Defence Training Programme in association with Kerala Police. Both theory and Practical sessions were handled by the Senior Civil Police Officers.







On 12th May 2022 a workshop on business plan & project report presentation was organised by IIC. Students were given instructions on how to present their business proposal in-front of Investors.

On 20th May 2022 students visited the Maker Village at Kinfra Kalamassery. Students were able to familiarize themselves with the system and facilities provided at the Maker Village along with the different start-ups functioning over there.

Industrial Visit to Technology Innovation Zone as part of Kerala Innovation Week was made on 28th May 2022. students visited Technology Innovation, visited stalls zones as well as met with many start-ups and resource persons over there.



On 2nd July 2022 students of IEC who were interested in knowing about Fab Lab, attended the open house and familiarized various facilities and technological supports.

Boom Talks: Meet an Impressario- An opportunity to interact with a successful young entrepreneur was provided to the students for generating interest in entrepreneurship. Mr. Abhishek P V CEO of Swiss Infra Ventures Pvt Ltd and Director of Macew Mercantile LLP was the resource person of the day, who interacted with students through google meet.



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OThe IIC & IEDC organised an interaction with Mr.Abhshek Ranjan Kumar, Innovation Officer, MoE and he highlighted the importance of Innovation in Higher Education.

## IIC, IEDC ED CLUB

### SPACE

On 1st August 2022, the incubation Centre SPACE was inaugurated by the Honourable Minister for Industries, Law & Coir, gave the Inaugural message. The other speakers were Shri. Anwar Sadath, MLA, Shri Kartik Parasuram & Shri Bergin Russel from Kerala Startup Mission, Shri Najeeb PA GM, District Industries Centre & Shri. Samuel Mathew, Smarambhak Mithra.



### Entrepreneurial Mindset

On 23rd July 2022, Ms. Anisha Cherian, President of Tie Kerala has chaired a session on Entrepreneurial Mindset with the students of St. Xavier's. She has explained the importance of communication skills and other soft skills as the key to successful entrepreneurship.



On 22nd July 2022, the Grand Finale of Idea Challenge 2021 was held at Mar Ivanios College. Six teams from the college got selected for the final round. In the Grand Finale competition of Idea Challenge 2021 Bhadra G Nair, secured third prize and cash award of Rs.5000, for CHITPO. Megha Maria Lal and team got consolation prize worth Rs.3,000 for BIOBRICKS. The College got a special award for bringing maximum number of contestants for the competition.



### Orientation and Awareness Session

On 23rd August 2022 the faculty and student co-ordinators of IIC and IEDC has provided an orientation and awareness session on the activities and functioning of the IIC and IEDC of the college.



The IIC & IEDC in association with IQAC and commerce department has organised two full day(10th & 12th August) Skilled development workshop, ARTIST IN ME for the Kudumbasree members in UBA Village.



On 12-8-22, an awareness session on National Innovation and Start-up Policy was given to second year students of B Sc Zoology. An idea on NISP and how it enable students and faculty of higher education institutions to actively involve in innovation and start-up related activities were explained.

## HIGHLIGHTS



Student's Expert Talk on "Creative and innovative Learning Strategies" on 20th October 2022. text



Historical Site Visit



webinar on "Innovations in Internationalising Education : Opportunities and Challenges" on 27th October 2022.



An Intra institutional idea competition -16.09.2022 & 19.09.2022



A workshop on natural soap making for the students of chemistry



# NCC UNIT OF ST.XAVIER'S COLLEGE FOR WOMEN, ALUVA

108 CADETS ● VISHNUPRIYA TB (SUO) ● 7(K) GIRLS BN, NCC THRISSUR



The National Flag was hoisted in the college on Independence Day by Principal Pof Dr Milon Franz and was followed by cultural programs by the cadets.



Cadets organised Foot Policing against Single Use of Plastics and a Flag Collection Drive after Independence Day Celebration and was handed over to the Battalion.

Cadets actively participated in various events including Puneeth Sagar Abhayan, Nasha Mukht Bharat Abhayan, Ek Bharat Shrestha Bharat Programme and Azadi Ka Amrit Mahotsav Programme.

## NCC ACTIVITIES

The unit functions under the leadership of Vishnupriya TB (SUO), Ann Mary Paul (JUO), Angel Mariya Babu (JUO), Sreya Hariharan (SGT Major) and Aparna PK(CQMS)



.Junior Under Officer Ann Mary Paul of B.Com. attended the Inter-Group Competition of Thal-Sainik Camp at Calicut. She also attended the EBSB II Camp at Thalipparamba.

Company Sergeant Major Sreya Hariharan of BSc.Maths attended the Inter-Group Competition of Thal-Sainik Camp at Calicut and PRE TSC 1 camp thereafter. She also attended the EBSB camp at Thalipparamba.

Senior Under Officer Vishnupriya T. B., Junior Under Officer Angel Mariya Babu, Company Quarter Master Sergeant Aparna P. K. attended Army Attachment Camp held from 06 June 2022 to 30 June 2023 with 22 Rajputana Rifles at Bangalore.

Cadets dynamically organised rallies, flash mobs, mime, lighting the lamps on Diwali and human chains as part of Anti Narcotics campaign initiated by Govt of Kerala.

NCC unit observed various days of importance including Environment Day, International Day against drug abuse, teachers Day, Quit India Day, Gandhi Jayanthi, etc.

.Cadets attended Yoga sessions on International Day of Yoga organised at Thekkinkadu Maidan at Thrissur.







## NSS UNIT



- Environment Day Celebration and Programmes were conducted.
- In Association with Aluva Nagarasabha an orientation session about the importance of environmental protection is given to NSS volunteers.
- Webinar on effect of drugs among youth was conducted in which Former deputy excise commissioner G Muraleedharan Nair, was the resource person.
- organized Anti Drugs poster competition ,educational award etc In association with Janamaithri Police,Excise(varapuzha range),IMA,Anver Palliative Care Unit, Fact Employees Social Service Forum, Vishwadeepthi School and JRC, In Connection with Yoga Day, NSS Unit no 45
- organized a yoga class for the students and teachers by Miss Arya Maglin.



The cup of life programme initiative by Hibi Eden MP was conducted and distributed menstrual cups.



- Webinar on effect of drugs among youth was conducted in which Former deputy excise commissioner G Muraleedharan Nair, was the resource person.
- Conducted Rally and a flash mob against Drug usage as a part of World Anti Drugs Day observation.
- A cycle rally in collaboration with cochin metro.



- In connection with Vanamaholsavam two programs are conducted such as Beach Cleaning and Mangalavanam Visit
- Organised 'Metrodiaries', a travelling program with elderly people



- Saluting the Trailblazers on 19th August 2022 was conducted to honor the member of parliament Ms.Jebi Mather and the eminent alumni .



Blood donation on 14/6/2022







# NSS UNIT ACTIVITIES

IMPRINTS

ISSUE 1 (JUNE-OCTOBER 2022)

Drug awareness program    Campaign against street dogs    Contribution to state scheme



Nss krishi Thotak



Nss day observation



Cup of life campaign



Ozone day



Help to flood affected in eloor



Plastic collection



## NSS CAMP@ Eloor - A Glimpse...



## AWARDS

**BLOOD DONATION 2021-22-  
KERALA STATE  
BLOOD TRANSFUSION CENTRE**



**KARSHAKASHRI AWARD 2022  
KRISHI BHAVAN ALUVA**



**SWACHATHA PAKWADA -  
SOUTHERN RAILWAY**



**RRC AWARD -ANTI DRUGS  
ACTIVITIES  
INITIATED BY NSS**



## Azadi ka amruth mahotsav







## COLLEGE LIBRARY

College Library was converted into RFID enabled fully automated check in check out system. Digital library system called Sr.Anna digital library is provided for students as well as teachers.

As a part of Reading week observed from 20th to 24th June, programmes like Book review, Book talk, Book exhibition and Library resources exhibition were conducted.

For Promoting library usage, an award for best library using department was also declared. Book bank facility is also provided for students and free remote access to infibnet usage is provided for both students and teachers. An orientation is also provided for all students to promote and familiarise the use of the same.



## RESEARCH PROMOTION COUNCIL

The activities of the Research and Development Cell was inaugurated on 15th September 2022 by Prof. E. I. Anila, Professor, Dept. of Physics & Electronics, Christ University, Bengaluru. A workshop on Research Methodology and Proposal Writing was also conducted on the same day. To promote the research culture in the campus, monthly paper presentations sessions were organised.





# STUDENT COUNCIL

## ENVIRONMENT DAY



On June 5th, the student council held its first official event, commemorating Environmental Day. A photographic contest for all the students based on the topic nature and green classroom competition in cooperation with IQAC were conducted.

Excellentia 2022 was held to honour this year's top scorers and M.G University Kalolsavam champions. After giving an inspiring speech to the crowd, Shri K. Karthick IPS, District Police Chief of Ernakulam rural, honoured the winners.

Samanwaya, a Cultural Extravaganza, was held to provide students a chance to display their talents.

Events including the flower carpet, the tug of war, and the malayalimanka were held as part of the Onam celebrations. Venus of Commerce was crowned as Malayali manka.



## Samanwaya

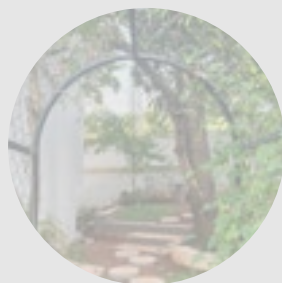


## Excellentia 2022



On October 13, the Fresher's Day was held with the theme of "Retro Recapture." First year UG and PG students participated.





**There are some people who leave  
impressions not so lasting as the  
imprint of an oar upon the water.  
Kate Chopin**

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