



## **7. 2 Best Practices**

### **Best Practice 1: XAVERIAN CARE**

**BEST PRACTICE 1**

***Title: XAVERIAN CARE***

**Introduction:**

XAVERIAN CARE is one of the Best Practices of St. Xavier's College initiated with an objective of developing environmental consciousness and social responsibility among students. Instilling social commitment, the students are motivated through the endeavours under XAVERIAN CARE to have positive interference towards environment and society. Interspersing UN sustainable goals and UNAI Principles to the institutional vision and mission, the college has chosen two main areas of focus to extend its care – 1. Environment Care, 2. Social Care. The activities that are identified to promote environment consciousness are **Thanaloram Way Side Park/ Rest Area for Public** and **Conservation of Sivarathri Manappuram, a famous historical spot**. With the intent to assimilate UN principle of targeting Zero Hunger and merging social responsibility among students, **Annam Project** and **Blood Donation Drives** are organised on a regular basis.

The Practice:

**1. Environment Care**

**Thanaloram Way Side Park/ Rest Area for Public**

The barren land adjacent to the college compound had turned into a garbage point where food, bio-degradable and non-biodegradable wastes were dumped by the public and the passers-by. The area was transformed into a resting place for the public making the waste ground to a Wayside Park named Thanaloram. The project was highly acclaimed by the British Council giving it the top position in the Active Citizen Programme.

**THANALORAM- BEFORE THE PRACTICE**



**THANALORAM- CLEANING INITIATIVES**



ST. XAVIER'S COLLEGE FOR WOMEN, ALUVA



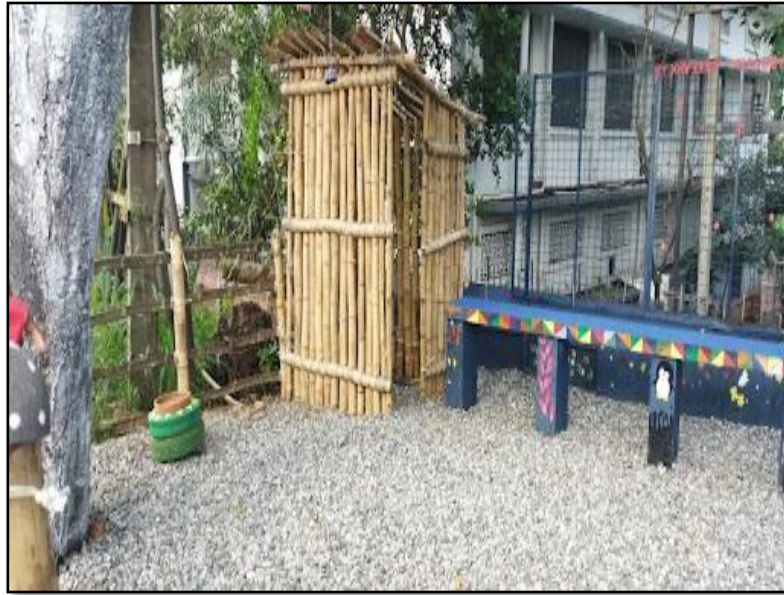
**THANALORAM- AFTER THE PRACTICE INITIATED**



**THANALORAM- RENOVATION OF THE SPACE (22-23)**



ST. XAVIER'S COLLEGE FOR WOMEN, ALUVA



## ST. XAVIER'S COLLEGE FOR WOMEN, ALUVA

### Sivarathri Manappuram

The historical spot of great importance, **Sivarathri Manappuram**, will be having a heap of waste after the occasion of Sivarathri. Every year, the students venture to clean the premises and the wastes collected are handed over to the Municipality.

### SIVARATHRIMANPPURAM- BEFORE CLEANING



## ST. XAVIER'S COLLEGE FOR WOMEN, ALUVA

### SIVARATHRI MANPPURAM- AFTER CLEANING



Figure 1 Cleaning of the ghat of river Periyar ( Shivrathri Manappuram)

### Statistical Analysis of the Drives

No of Cleaning Drives	No. of Students Participated
2022-2023	94

## 1. Social Care

**Annam Project** was envisaged to sensitise students about the social need and responsibilities. To alleviate the hunger of the destitute, the practice of distributing food packets to the needy was initiated. Every week, the student volunteers collect food packets from the college staff and students which are distributed in the premises of Aluva municipality.

### FOOD PACKET COLLECTION



ST. XAVIER'S COLLEGE FOR WOMEN, ALUVA

FOOD PACKET DISTRIBUTION



ST. XAVIER'S COLLEGE FOR WOMEN, ALUVA



## ST. XAVIER'S COLLEGE FOR WOMEN, ALUVA

**Blood Donation Drive** has become a significant feature of the institution on the grounds of being the only women's college attempting to conduct **3 blood donation camps** per year. **Around 101 units of blood are collected and donated to the Regional blood Transfusion Centre, Aluva and Dialysis Unit, Government Hospital, Aluva annually.**

### BLOOD DONATION CAMPS



**Blood Donation, Medical Check up , Awareness session, Blood donation pledge, honouring blood donors**

**ST. XAVIER'S COLLEGE FOR WOMEN, ALUVA**



**STATISTICAL ANALYSIS OF BLOOD DONATION DRIVE**

No of blood donation camps	No. of Units of Blood Donated
3	101

ST. XAVIER'S COLLEGE FOR WOMEN, ALUVA

CERTIFATES



Figure 2 Vanamahotsavam Participation Certificate (Awareness Programme)



CERTIFICATE OF APPRECIATION FROM RED CROSS FOR DONATING BLOOD FOR DR NINU ROSE, NSS PO

**ST. XAVIER'S COLLEGE FOR WOMEN, ALUVA**

**IMA EXCELLENCE AWARD & LETTER OF APPRECIATION FROM INDIAN MEDICAL ASSOCIATION FOR  
ACTIVITIES OF NATIONAL SERVICE SCHEME OF THE COLLEGE**





**M.O. JOHN**  
CHAIRMAN



**MUNICIPAL COUNCIL, ALUVA - 683 101**

Phone : 0484 2623755, 2623757 - 59  
E-mail : secretaryaluvamunicipality@gmail.com,  
mo.john770@gmail.com

**Certificate for appreciation**

This is to place on record appreciation to NSS unit of St.Xavier's College for Women, Aluva for the active participation and support towards all activities initiated under the auspicious of Aluva Municipality during the period 2020-23.

The NSS unit, programme officers, NSS Secretaries and NSS volunteers were very active and their contribution especially during Covid-19 pandemic situation and flood affected situations were really remarkable. The projects like thanaloram, cleaning sivarathri manappuram, Haritha Aluva, Marathakathoppu and activities initiated by NSS during the period was really helpful for society. Most of the activities really paved way for framing many projects of Aluva Municipality.

May I take this opportunity to congratulate the programme officer Dr.Ninu Rose and NSS Volunteers for their effort in promoting social welfare especially during Covid-19 pandemic situation and other situations.

Aluva  
11.08.2023



  
**M.O. JOHN**  
CHAIRMAN  
ALUVA MUNICIPALITY





## **REGIONAL BLOOD TRANSFUSION CENTRE**

**License No. 066/28C/KER/DC – CLAA 97**

**(Co-sponsored by I.M.A. MadhyaKerala)**

**District Hospital, Aluva**

**Phone: 04842625101, 8281895956**

[aluvabloodbank@gmail.com](mailto:aluvabloodbank@gmail.com)

### **CERTIFICATE**

The Management committee place on record its deep appreciation of services rendered by the NSS unit 45 ,St.Xavier's College for Women, Aluva and NSS Program officers, NSS volunteers in the promotion of Voluntary female blood donation as well as creation of AIDS awareness in youth. The Voluntary donation rendered by the members of the organization helped to save the life of many patients in dire emergencies like post partum haemorrhage and non road traffic accidents. The unit arranged blood donation camps throughout the period of 2020-23 .The unit is a role model to other institutions in promoting voluntary blood donation and deeply acknowledge the efforts of unit during covid pandemic situation.

The NSS unit ha also awarded with Best NSS unit for voluntary blood donation for the year 2022 and 2023 from Regional Transfusion centre ,KSBTC

We take this opportunity to congratulate the program officer Dr. Ninu Rose for her unflinching efforts in ensuring and promoting social welfare.

Dated at Aluva the 11<sup>th</sup> day of August 2023

## ST. XAVIER'S COLLEGE FOR WOMEN, ALUVA

### **Outcome /Impact of the Practice:**

Through the practice of XAVERIAN CARE, the institution could instil social responsibility among students. They started thinking and acting as responsible citizens with a positive interference in the issues related to environment and society. Because of the constructive intervention of the students, the following changes could be brought in the society thereby serving the public and the nature.

- Anti-social activities have decreased extensively at Thanaloram. Public utilise the area for reading and recreation
- The premises of Aluva Manappuram are cleaned after each Sivarathri occasion. The area becomes a haven for pilgrims and tourists with a clean and pleasant environment
- The students donated more than 400 units of blood in the last five years. It is a matter of pride that girls donate blood regularly contributing positively for the care of dialysis patients and the needy.
- Annam Project has helped alleviate the hunger of the destitute and enhanced the social