ST. XAVIER'S COLLEGE FOR WOMEN, ALUVA Affiliated to Mahatma Gandhi University, Kottayam, Kerala Re-accredited by NAAC with A++ Grade, CGPA 3.68



7.2 Best Practices

Best Practice 1: XAVERIAN CARE

CRITERION 7 INSTITUIONAL VALUES AND BEST PRACTICES

BEST PRACTICE 1

Title: XAVERIAN CARE

Introduction:

XAVERIAN CARE is one of the Best Practices of St. Xavier's College initiated with an objective of developing environmental consciousness and social responsibility among students. Instilling social commitment, the students are motivated through the endeavours under XAVERIAN CARE to have positive interference towards environment and society. Interspersing UN sustainable goals and UNAI Principles to the institutional vision and mission, the college has chosen two main areas of focus to extend its care – 1. Environment Care, 2. Social Care. The activities that are identified to promote environment consciousness are **Thanaloram Way Side Park/ Rest Area for Public** and **Conservation of Sivarathri Manappuram**, a famous historical spot. With the intent to assimilate UN principle of targeting Zero Hunger and merging social responsibility among students, **Annam Project** and **Blood Donation Drives** are organised on a regular basis.

The Practice:

1. Environment Care

Thanaloram Way Side Park/ Rest Area for Public

The barren land adjacent to the college compound had turned into a garbage point where food, biodegradable and non-biodegradable wastes were dumped by the public and the passers-by. The area was transformed into a resting place for the public making the waste ground to a Wayside Park named Thanaloram. The project was highly acclaimed by the British Council giving it the top position in the Active Citizen Programme.



THANALORAM- BEFORE THE PRACTICE

THANALORAM- CLEANING INITIATIVES







THANALORAM- AFTER THE PRACTICE INITIATED

THANALORAM- RENOVATION OF THE SPACE (22-23)







Sivarathri Manappuram

The historical spot of great importance, **Sivarathri Manappuram**, will be having a heap of waste after the occasion of Sivarathri. Every year, the students venture to clean the premises and the wastes collected are handed over to the Municipality.

SIVARATHRIMANPPURAM- BEFORE CLEANING





SIVARATHRI MANPPURAM- AFTER CLEANING



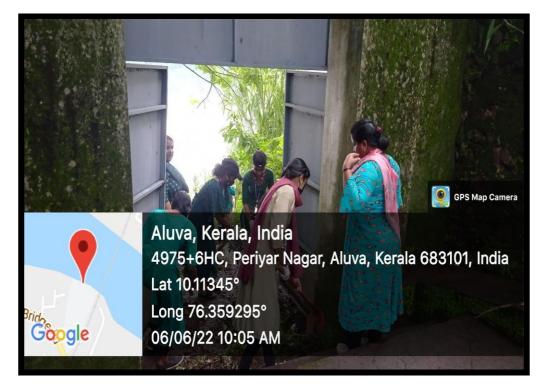


Figure 1 Cleaning of the ghat of river Periyar (Shivrathri Manappuram)

Statistical Analysis of the Drives

No of Cleaning Drives	No. of Students Participated
2022-2023	94

1. Social Care

Annam Project was envisaged to sensitise students about the social need and responsibilities. To alleviate the hunger of the destitute, the practice of distributing food packets to the needy was initiated. Every week, the student volunteers collect food packets from the college staff and students which are distributed in the premises of Aluva municipality.



FOOD PACKET COLLECTION



FOOD PACKET DISTRIBUTION







Blood Donation Drive has become a significant feature of the institution on the grounds of being the only women's college attempting to conduct **3 blood donation camps** per year. Around **101 units of blood are collected and donated to the Regional blood Transfusion Centre**, Aluva and Dialysis Unit, Government Hospital, Aluva annually.

BLOOD DONATION CAMPS





STATISTICAL ANALYSIS OF BLOOD DONATION DRIVE

No of blood donation camps	No. of Units of Blood Donated
3	101

CERTIFATES

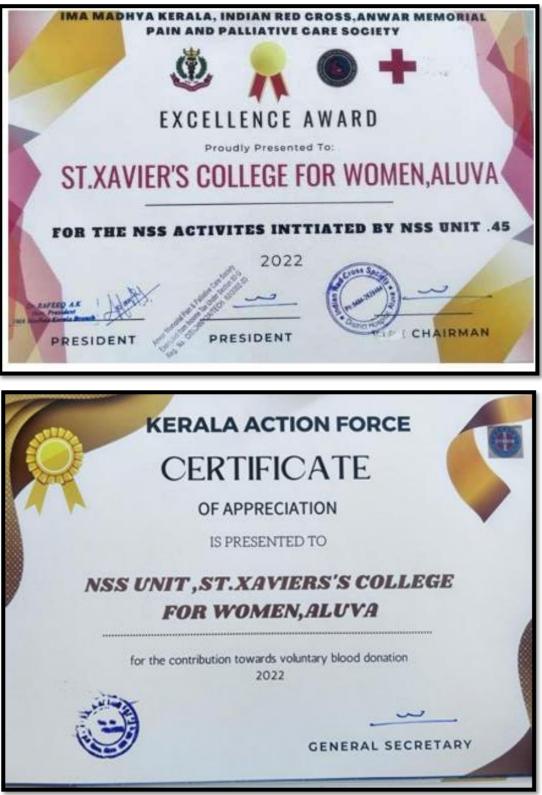


Figure 2 Vanamahotsavam Participation Certificate (Awareness Programme)

KSACS KSACS Event Red Cross Road, Thiruvananthapur Email: keralasacs@gmail.com, sbtckerala@gmail	KSBTC trais Startball Tarthiser Cont arm, Kerala-695 035 .com I www.ksacs.kerala.gov.in
Certifice This is to certify that Atm / Ath Dr. WIND ROSE	
has voluntarily demated blood on 08 - 03 = 7033	
Geneticen Camp conducted at <u>BT_XMMIRKS_{OULDRE</u> _ALMYA Medical Office BLOOD CENTR	

CERTIFICATE OF APPRECIATION FROM RED CROSS FOR DONATING BLOOD FOR DR NINU ROSE, NSS PO

IMA EXCELLENCE AWARD & LETTER OF APPRECIATION FROM INDIAN MEDICAL ASSOCIATION FOR ACTIVITIES OF NATIONAL SERVICE SCHEME OF THE COLLEGE



Letter of Appreciation

ഉദ്യോഗമണ്ഡൽ - 683 501 എറണാകുളം ജില്ല ഫോൺ : 0484-2545559 E-mail : eloomunicipality@gmail.com

ഷലൂർ നഗരസഭ എ.ഡി. സുജിൽ

ചെയർമാൻ

സോപാനം ഏലൂർ നോർത്ത് ഉദ്യോഗമണ്ഡൽ മൊബൈൽ : 9349257144 E-mail: sujilad2013@gmail.com

We do appreciate the serivces rendered by the NSS unit 45, st.Xaviers college for women, Aluva in conducting activities like survey and awareness sessions on various issues like flood ,post covid impact, plastic waste management , health awareness ,waste management awarness, anti drugs campaign, sramadham, wall painting, protest against 'street dogs , menstrual cup awareness capaign, self defence classes, pusthaka maram, puzhayooram, medical camp,eye camp,blood donation ,agriculture initiaitves, GO Green -distribution of paper and cloth bags, e waste management, celebrating onam with deprived groups, distribution of food kits vazhiyooram and the projects prekruthiyoodothu, pusthakathooni, karuthaloode. sparsham, menstrual cup campaign were undertaken during the seven day camp " karuthal" from 2nd september 2022 to 8th september 2022.

The seven day camp was residential camp at S.H.J.U.P School with active involnment of muncipality, kudumbhasree, residents and other interested groups.

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A. D. SUJIL CHAIRMAN ELOOR MUNICIPALITY UDYOGAMANDAL - 683 501 M.O. JOHN CHAIRMAN



MUNICIPAL COUNCIL, ALUVA - 683 101

Phone : 0484 2623755, 2623757 - 59 E-mail : secretaryaluvamunicipality@gmail.com, mo.john770@gmail.com

Certificate for appreciation

This is to place on record appreciation to NSS unit of St.Xavier's College for Women, Aluva for the active participation and support towards all activities initiated under the auspicious of Aluva Municipality during the period 2020-23.

The NSS unit, programme officers, NSS Secretaries and NSS volunteers were very active and their contribution especially during Covid-19 pandemic situation and flood affected situations were really remarkable. The projects like thanaloram, cleaning sivarathri manappuram, Haritha Aluva, Marathakathoppu and activities initiated by NSS during the period was really helpful for society. Most of the activities really paved way for framing many projects of Aluva Municipality.

May I take this opportunity to congratulate the programme officer Dr.Ninu Rose and NSS Volunteers for their effort in promoting social welfare especially during Covid-19 pandemic situation and other situations.



Aluva 11.08.2023

CHAIRMAN ALUVA MUNICIPALITY

Manjali House, Thottakkattukara P.O., Aluva - 683 108 Res : 0484 2605668., Mob : 94465 70770

പരിസ്ഥിതി സംരക്ഷണ സംഘം

ASSOCIATION FOR ENVIRONMENTAL PROTECTION (Reg No : ER 249 / 86)

> ALUVA - 683 101, KERALA Mob: 9447474707, 9497367667, 9446010006

President Chinnan T Pynadath 9447474707

Date : 14th August 2023

<u>Vice Presidents</u> Jabbar Mather 9446128185 Joseph Puthussery 9656123405

<u>General Secretary</u> C I abdul Jabbar 9497367667

<u>Secretaries</u> N Ramachandran 9446047648 *Khareem Kallungal* 9249307006

<u>Treasurer</u> A P Muraleedharan 9446010006

Committee Members Dr K K Usman 9388904004 K M Ismail 9746305632 V T Charley 8547891864 E A Abubacker 9846688254 P Sreekumar 9846036936 M K Rajendran 9446754844 M Suresh 9447187868 C N Latha 9947265229 V Mohana Rao 9539688239 P N Gopi 9446214965

We do appreciate the services rendered by the NSS unit. St Xavier's College for Women, Aluva, NSS program officers and NSS Secretaries and the Volunteers in encouraging and activities initiated to develop and promote Environment protection and awareness programmes during the period 2020-23. The vigour and enthusiasm shown shown by the NSS team of St Xavier's College, in all their activities, is commendable. I express our gratitude for collaborating with the Environmental protection and awareness activities of our Association.

CERTIFICATE OF APPRECIATION

May I take this opportunity to congratulate the program officer Dr Ninu Rose and NSS volunteers for their efforts in promoting social welfare activities.

Chinnan T Pynadath President



ശുദ്ധ വായു ശുദ്ധ ജലം നല്ല ഭൂമി മനുഷ്യന്





REGIONAL BLOOD TRANSFUSION CENTRE

License No. 066/28C/KER/DC – CLAA 97 (Co-sponsored by I.M.A. MadhyaKerala) District Hospital, Aluva Phone: 04842625101, 8281895956 aluvabloodbank@gmail.com

CERTIFICATE

The Management committee place on record its deep appreciation of services rendered by the NSS unit 45 ,St.Xavier's College for Women, Aluva and NSS Program officers, NSS volunteers in the promotion of Voluntary female blood donation as well as creation of AIDS awareness in youth. The Voluntary donation rendered by the members of the organization helped to save the life of many patients in dire emergencies like post partum haemorrhage and non road traffic accidents. The unit arranged blood donation camps throughout the period of 2020-23 .The unit is a role model to other institutions in promoting voluntary blood donation and deeply acknowledge the efforts of unit during covid pandemic situation.

The NSS unit ha also awarded with Best NSS unit for voluntary blood donation for the year 2022 and 2023 from Regional Transfusion centre .KSBTC

We take this opportunity to congratulate the program officer Dr. Ninu Rose for her unflinching efforts in ensuring and promoting social welfare.

Dated at Aluva the 11th day of August 2023

Outcome /Impact of the Practice:

Through the practice of XAVERIAN CARE, the institution could instil social responsibility among students. They started thinking and acting as responsible citizens with a positive interference in the issues related to environment and society. Because of the constructive intervention of the students, the following changes could be brought in the society thereby serving the public and the nature.

- Anti-social activities have decreased extensively at Thanaloram. Public utilise the area for reading and recreation
- The premises of Aluva Manappuram are cleaned after each Sivarathri occasion. The area becomes a haven for pilgrims and tourists with a clean and pleasant environment
- The students donated more than 400 units of blood in the last five years. It is a matter of pride that girls donate blood regularly contributing positively for the care of dialysis patients and the needy.
- > Annam Project has helped alleviate the hunger of the destitute and enhanced the social