

ST. XAVIER'S COLLEGE FOR WOMEN, ALUVA

**Affiliated to Mahatma Gandhi University, Kottayam, Kerala Re-
accredited by NAAC with A ++ Grade, CGPA 3.68**



7.2 - BEST PRACTICES

REPORT ON BEST PRACTICE -1

BEST PRACTICES OF ST. XAVIER'S COLLEGE FOR WOMEN, ALUVA:

ADVANCING SUSTAINABLE DEVELOPMENT GOALS

(SDGS)

CRITERION -7



ST.XAVIER'S COLLEGE FOR WOMEN, ALUVA

The first college in India to be re accredited by NAAC in the Fifth Cycle &
The first college to score A++ in the Fifth Cycle ISO 9001:2015 Certified

Affiliated to Mahatma Gandhi University, Kottayam

DIAMOND JUBILEE YEAR



REPORT ON BEST PRACTICE -1

Best Practices of St. Xavier's College for Women, Aluva: Advancing Sustainable Development Goals (SDGs)

St. Xavier's College for Women, Aluva, stands as a beacon of holistic education and social responsibility, with its flagship initiative, "Xaverian Care," aligned with the United Nations Sustainable Development Goals (SDGs). Through impactful programs across six core areas, the college demonstrates its commitment to fostering environmental sustainability, promoting health and well-being, and advancing social equity and inclusivity. The 2023-2024 academic year marked significant strides in addressing global challenges through local actions.

1. SDG 3: Good Health and Well-Being - Caring for Human Beings

Health and wellness programs at the college focus on promoting physical and mental well-being:

- **World Heart Day:** A 10,000-step rally organized with Aster Medcity emphasized heart health and supported a child's medical needs.
- **Blood Donation Camp:** The NSS unit donated 36 units of blood to Aluva General Hospital on World Blood Donation Day.

- **HB Count Detection Camp:** Students underwent hemoglobin testing and gained awareness about anemia prevention through balanced diets.
- **World Cancer Day:** Awareness campaigns and poster exhibitions emphasized cancer prevention and early detection.

These initiatives prioritize holistic health and inspire selfless contributions to the community's well-being.

2. SDG 4: Quality Education - Cultural and Educational Initiatives

St. Xavier's College fosters intellectual growth and cultural preservation through targeted programs:

- **National Reading Day:** Activities encouraged library visits and group book reviews.
- **Mathrubhumi Mathuram Malayalam:** Promoted newspaper reading and appreciation for the Malayalam language.
- **Independence and Republic Day Celebrations:** Patriotic ceremonies inspired cultural pride and national awareness.

These initiatives nurture critical thinking and cultural engagement among students.

3. SDG 8: Decent Work and Economic Growth - Skill Development

The college integrates creativity and practical knowledge through skill-building programs:

- **Herbal Soap Making:** Chemistry students set a world record by collaboratively creating 600 herbal soaps using plant extracts.
- **Workshop on Paper Bag Making:** PG Commerce students learned to craft eco-friendly paper bags, promoting sustainability.
- **NSS Seven-Day Camp:** Activities such as energy conservation sessions, school library digitalization, and butterfly garden creation fostered innovation and teamwork.

These programs equip students with practical skills and entrepreneurial opportunities while promoting sustainable practices.

4. SDG 10: Reduced Inequalities - Social Responsibility and Inclusivity

The college promotes social equity and community engagement through diverse activities:

- **Anti-Drug Campaign:** Skits and rallies highlighted the dangers of drug abuse, encouraging healthy lifestyles.
- **“Sneha Vedu” Project:** NSS volunteers provided financial aid to build a home for a family in need, reflecting the spirit of selfless service.
- **Palliative Care Day:** Skits and informative sessions on palliative care earned the NSS unit the prestigious Best Performer Award.
- **Road Safety Month:** Awareness sessions on vehicle safety and responsible driving practices conducted with SCMS Institute.

These activities reinforce the college’s commitment to inclusivity, empathy, and community welfare.

5. SDG 13: Climate Action - Caring for the Environment

The college actively promotes environmental sustainability by encouraging eco-conscious behaviors through various initiatives:

- **International Plastic Bag-Free Day:** Awareness campaigns on the harmful effects of single-use plastics and the promotion of sustainable alternatives.
- **Environmental Cleanup Drive:** In collaboration with Aluva Municipality, NSS volunteers cleaned Aluva Manapuram, collecting and recycling substantial amounts of plastic waste.
- **Environmental Day Celebrations:** Tree plantations, expert talks, and inter-departmental competitions highlighted the importance of combating plastic waste.

- **Kadal Kadu Plantation Drive:** A coastal restoration project planting 2,000 native plants at Vypin, enhancing biodiversity and ecological balance.
- **Beat Plastic Pollution Campaign:** Students distributed cloth bags and planted saplings to encourage eco-friendly practices.

These activities empower students to become environmental stewards while fostering community participation in sustainability efforts.

6. SDG 16: Peace, Justice, and Strong Institutions - Special Observances

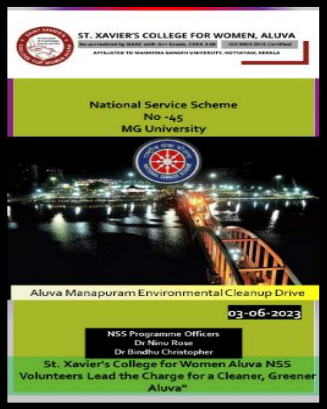

The college organized observances to promote empathy, inclusivity, and resilience:

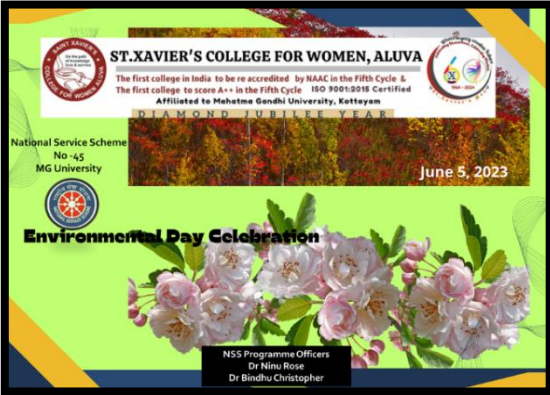

- **International Day of Older Persons:** Cadets honored the elderly through thoughtful gestures, fostering respect and inclusion.
- **International Sign Language Day:** Workshops and demonstrations raised awareness about the importance of sign language in bridging communication gaps.

Through these activities, the college underscores its dedication to fostering inclusive communities and empowering vulnerable groups.

Under its these initiative, St. Xavier's College for Women, Aluva, exemplifies its dedication to advancing the SDGs through impactful programs. By integrating environmental conservation, health promotion, social responsibility, skill development, and cultural enrichment, the college inspires students to become compassionate leaders committed to building a sustainable and equitable world.

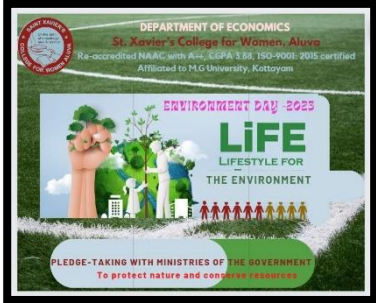
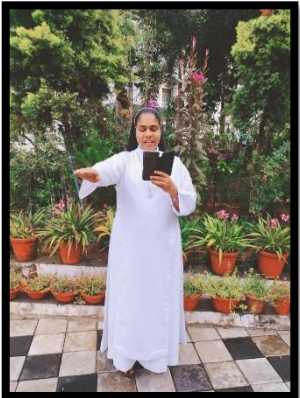

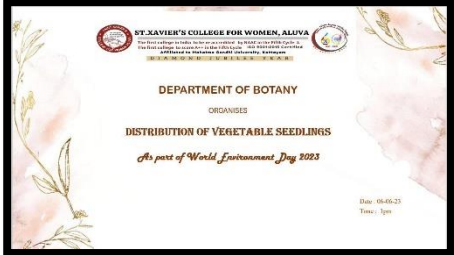

Brief description of each event – “Impactful initiatives promoting sustainability, health, inclusivity, and skill development for a better future.”




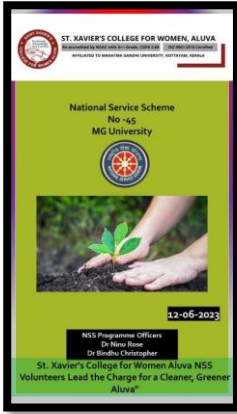

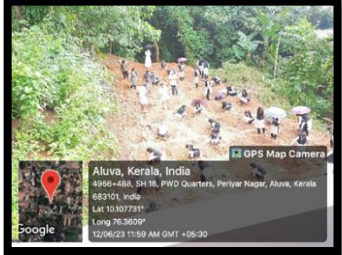
SI No	Date	Name of The Programme	Brief Description of the Programme		
1.	3/6/2023	International plastic bag free day.	The NCC wing of St. Xavier's College for Women, Aluva, conducted an awareness campaign on the harmful effects of single-use plastic bags, promoting eco-friendly alternatives and sustainable practices to protect the environment.		
2.	3/6/2023	Aluva Manapuram Environmental Cleanup Drive	The NSS volunteers of St. Xavier's College for Women, Aluva, organized a successful environmental cleanup drive at Aluva Manapuram, collecting and recycling substantial plastic waste in collaboration with Aluva Municipality. This impactful green initiative highlighted the power of		

			collective action in fostering environmental sustainability beyond the campus.	
3.	5/6/2023	Environmental Day Celebration- NSS	The NSS Unit of St. Xavier's College for Women, Aluva, in collaboration with Aluva Municipality, marked Environmental Day 2023 with a focus on combating plastic waste, featuring insights from experts and distinguished guests like MLA Anwar Sadith and former Acting Chief Justice Sree Abdul Rahim. The event empowered participants with practical solutions and celebrated the Bhumimetra Award winner, inspiring collective action for a sustainable future.	 

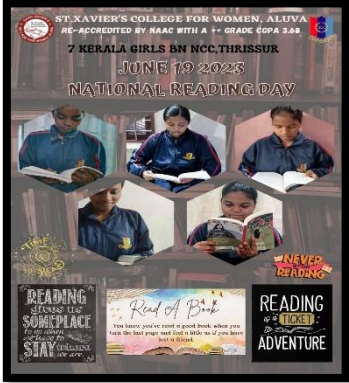

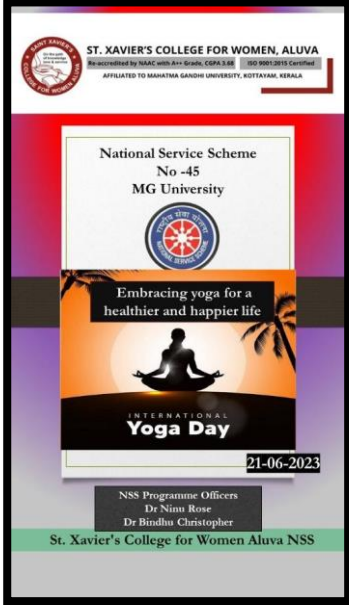

4.	5/6/2023	“Nurture the nature” – Environmental day observation	On June 5, 2023, the Department of Microbiology and Bhoomithrasena Club organized a tree planting event at Aluva Palace, where students planted fruit saplings, promoting nature conservation and fostering environmental awareness among participants.		
5.	5/6/2023	Environment Day Celebration- NCC	The NCC wing of St. Xavier's College for Women, Aluva, celebrated Environment Day by planting saplings, taking pledges, and organizing a quiz competition to promote environmental awareness and sustainability.		

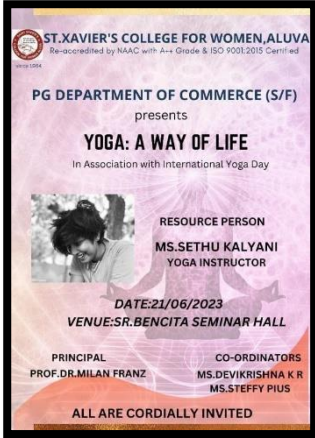

6.	5/6/2023	World Environment, 2023	<p>The College Union and Bhoomithra Sena Club of St. Xavier's College for Women organized a green initiative on 5th June 2023, featuring a planting activity at Cherai and a visit to Manoj Kumar IB's inspiring fruit forest, fostering environmental awareness and sustainability among students.</p>	 <p>The image shows a poster for 'ENVIRONMENT DAY' on 5th June 2023, Monday, at St. Xavier's College for Women, Aluva. The poster includes the hashtag #BeatPlasticPollution and details about a sapling planting activity. To the right is a photo of students and a man planting a sapling, with a GPS overlay showing the location in North Paravur, Kerala, India.</p>
7.	5/6/2023	Beat Plastic Pollution	<p>Students and teachers plant saplings and distributed cloth bags to people around the college.. The public was made aware of the importance of preserving the ecosystem and planting trees at their homes. The need to use cloth bags instead of plastic bags was also highlighted.</p>	 <p>The image shows a poster for 'Beat Plastic Pollution' organized by the Department of Microbiology & Bhoomithrasena Club at St. Xavier's College for Women, Aluva. The poster includes the hashtag #BeatPlasticPollution and the slogan 'CHOOSE TO REUSE, REPAIR AND RECYCLE. DON'T USE PLASTIC'. It lists the date as 05-06-2023 and the venue as Aluva. To the right is a photo of students holding a cloth bag, with a GPS overlay showing the location in Aluva, Kerala, India.</p>

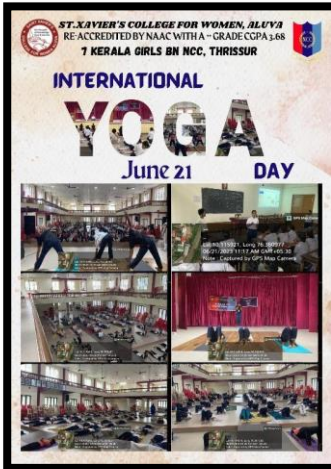

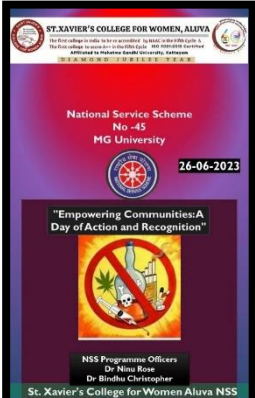


8.	5/6/2023	Pledge Taking with Government Ministries for Nature Protection and Resource Conservation	In celebration of Environment Day 2023, a special pledge-taking ceremony was organized to unite the efforts of staff, students, and government ministries in a shared commitment to protect nature and conserve resources. This event symbolized a collective step towards fostering environmental responsibility and sustainability.	  
9.	6/6/2023	Distribution of vegetable seedlings	Vegetable seedlings were distributed among the students as part of World environment day 2023	 

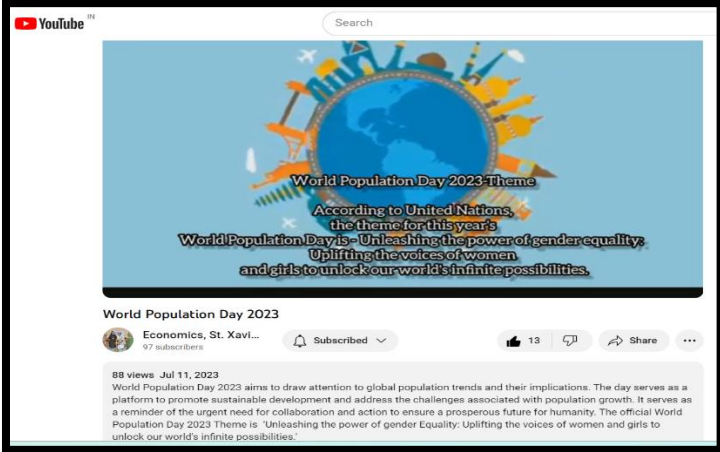
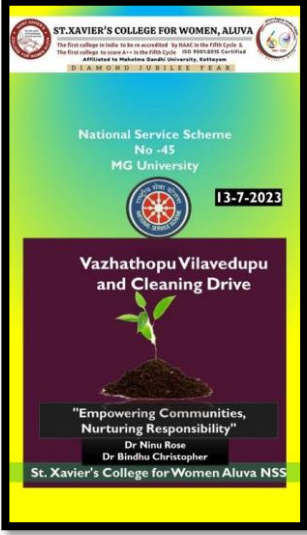

10.	5/6/2023	Paristhithi Dhinacharanam	<p>Under the leadership of the Malayalam section, a programme of medicinal aloe vera sapling planting and maintenance was conducted in connection with the 05/6/2023.</p> <p>The programme targeted the need for children to become self-sufficient.</p>	  
11.	12/6/2023	Plantation Drive in the Adopted School, Karunalayam	<p>On June 12, 2023, the NSS Unit of St. Xavier's College, in collaboration with Aluva Nagar Sabha, conducted a plantation drive at Karunalayam School, fostering environmental conservation and community engagement. The initiative enhanced local greenery, promoted biodiversity,</p>	  

			and underscored the importance of sustainable practices.	
12.	14/6/2023	Blood Donation Camp on World Blood Donation Day	On World Blood Donation Day, the NSS Unit of St. Xavier's College for Women organized a blood donation camp to raise awareness and collect 36 units of blood for the Aluva General Hospital Blood Bank. The event highlighted the importance of blood donation and showcased the community's commitment to saving lives through selfless contributions.	
13.	17/6/2023	World Day to Combat Desertification and Drought.	As part of the World Day to Combat Desertification and Drought, NCC cadets of St Xavier's College for Women, Aluva created impactful posters to spread awareness about the importance of combating these global challenges.	 

14.	19/6/2023	National reading day celebration.	As part of National Reading Day celebrations, the cadets of St. Xavier's College for Women, Aluva, were encouraged to visit the library regularly, read a book, and present a group review of their favorite books, promoting reading, knowledge sharing, and intellectual development.		
15.	21/6/2023	International Yoga Day Celebration	On June 21, 2023, the NSS Unit of St. Xavier's College for Women, Aluva, celebrated International Yoga Day with an engaging session of yoga asanas, pranayama, and meditation, emphasizing the importance of holistic health. The event fostered unity among participants and highlighted yoga's relevance in promoting physical fitness, stress relief, and overall well-being.		

16.	21/6/2023	Yoga: A Way of Life	<p>PG Department of commerce self-financing organised a session on yoga in connection with International Yoga Day on 21/06/2023 at 11 am.</p> <p>The resource person Ms.Sethukalyani , handled the session and 65 students attended.</p> <p>There were two sessions , first session was a talk on international yoga day and thereafter a practical session was provided</p>		
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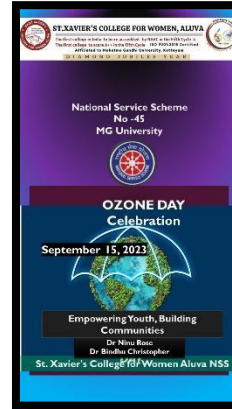
17.	21/6/2023	International Yoga day - NCC	<p>Yoga sessions were organized in local schools, colleges, and community centers to promote wellness and cultural diversity by introducing various forms of yoga, including Hatha, Vinyasa, and Kundalini, and emphasizing their physical, mental, and spiritual benefits.</p>		
18.	26/6/2023	Anti-Drug Rally, Seminar, and Award Reception	<p>On June 26, 2023, the NSS Unit of St. Xavier's College for Women, Aluva, demonstrated its commitment to community welfare by organizing an Anti-Drug Rally and a seminar addressing societal challenges like drug abuse, mental health, and environmental conservation. The day also marked a proud moment as the Program Officer was honored with the Best NSS Program Officer award,</p>	 	

			recognizing exemplary leadership and dedication to service.	
19.	11/7/2023	Awareness video on World Population day	The video is the description of World Population day made by Final year degree students. The video was shared on Youtube channel of the department. Link to Social Media : https://youtu.be/g_5NBkEr1Wo	
20.	13/7/2023	Vazhathopu Vilavedupu and Cleaning Drive	On July 13, 2023, the NSS Unit of St. Xavier's College for Women conducted a Vazhathopu Vilavedupu (banana sapling planting) and cleaning drive to promote environmental stewardship and community engagement. With active participation from 75 students, the initiative combined sapling plantation for sustainability with a thorough	 

			cleanup of public spaces, fostering pride and responsibility in the local community.	
21.	9/7/2023-12/7/2023	Communicable Diseases & Prevention	The PG Microbiology students shared their knowledge about communicable diseases with the general public in a simple and understandable way, aiming to reduce the spread of diseases by addressing mosquito breeding sites and water logging.	 
22.	17/7/2023	National Webinar on "Innovation and IPR - A Strategic Perspective"	As part of the National Intellectual Property Festival declared by the Government of India in connection with Azadi Ka Amrit Mahotsav, the Department of Economics at St. Xavier's College for Women, Aluva, organized a National Webinar on "Innovation and IPR - A Strategic Perspective" in association with CSIR-IMMT, Bhubaneswar, Odisha, on 17th July 2023, focusing on the	 

intersection of innovation and intellectual property rights.

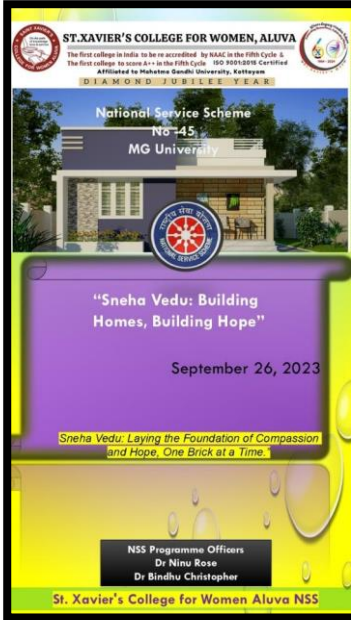

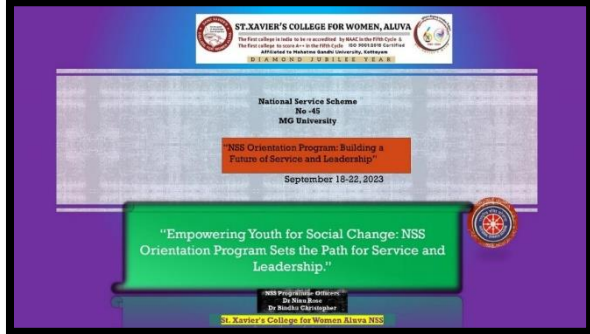

The Ozone Day celebrations at St. Xavier's College for Women, Aluva, focused on raising awareness about ozone conservation through a seminar and interactive sessions, fostering a culture of environmental activism and sustainability within the community.



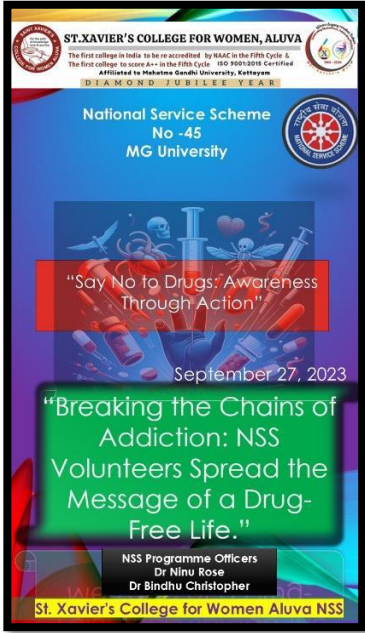



23. 15/8/2023

Ozone day Celebration



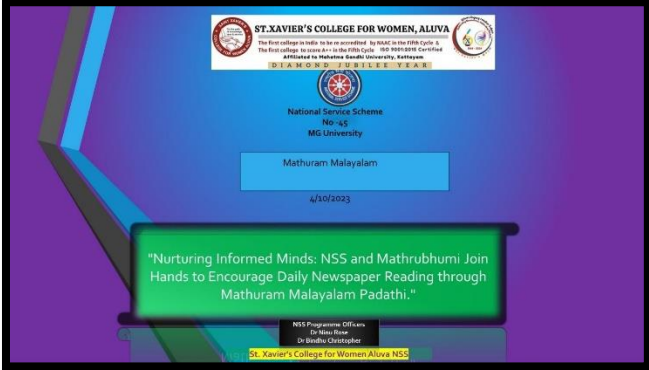

24.	15/8/2023	Independence Day celebration	<p>The Independence Day celebration at St. Xavier's College for Women, Aluva, featured the hoisting of the Tricolour Flag, speeches by Principal Prof. Dr. Milton Franz and Manager Sr. Charles, and vibrant performances by NCC cadets, including a patriotic song, dance, cosplay, and mime, symbolizing national unity and pride.</p>	
25.	16/08/2023	A Bag for Earth: A Workshop on Paper Bag Making	<p>As part of a green initiative, the PG Department of Commerce (S/F) organized a workshop on paper bag making on 16th August 2023, where 20 students actively participated, creating eco-friendly bags and promoting sustainable practices.</p>	



<p>26.</p>	<p>26/9/2023</p>	<p>“Sneha Vedu: Building Homes, Building Hope”</p>	<p>On September 26, 2023, the NSS Unit of St. Xavier’s College for Women, Aluva, visited the construction site of the "Sneha Vedu" project to provide financial support for building a house for a deserving family. This project underscored the unit's dedication to community service through active engagement and oversight of the project’s progress.</p>		
<p>27.</p>	<p>18/8/2023-22/9/2023</p>	<p>“NSS Orientation Program: Building a Future of Service and Leadership”</p>	<p>The NSS unit of St. Xavier's College for Women, Aluva, organized a five-day orientation program from September 18 to 22, 2023, covering the history, objectives, and role of NSS, with interactive sessions led by experts to engage new volunteers in social service and community involvement.</p>		

28.	5/9/2023	Teachers Day Celebration	<p>The NCC unit of St. Xavier's College for Women, Aluva, celebrated Teachers' Day on September 5th, 2024, by honoring faculty with handmade cards, flowers, and heartfelt gestures of gratitude, highlighting the profound impact of teachers on students' lives.</p>	
29.	23/9/2023	International sign language day	<p>The International Day of Sign Languages was observed to raise awareness about the crucial role of sign languages in promoting inclusivity, equality, and the human rights of the deaf community through workshops, interactive sessions, and demonstrations.</p>	




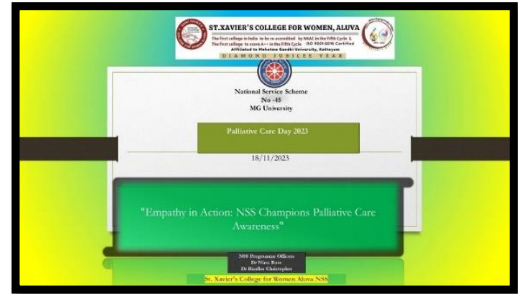
30.	27/9/2023	“Say No to Drugs: Awareness Through Action”	<p>On September 27, 2023, the NSS Unit of St. Xavier’s College for Women, Aluva, organized an impactful anti-drug campaign featuring a skit performed at the railway station and college premises. The engaging skit highlighted the dangers of drug abuse and encouraged healthy life choices, while informative pamphlets were distributed to further raise awareness about prevention and available support services.</p>		
31.	29/9/2023	“Walk for a Healthy Heart, Walk for a Cause”	<p>On September 29, 2023, St. Xavier's College for Women, Aluva, in collaboration with Aster Medcity, organized a rally for World Heart Day to raise awareness about heart health and support a disadvantaged child's medical needs, with participants walking 10,000 steps to symbolize</p>		

			their commitment to heart health and charitable causes.	
32.	1/10/2023	Swachhata hi seva	The NCC cadets of St. Xavier's College for Women, Aluva, actively participated in the Swachhata Bharath initiative by cleaning public spaces, creating awareness, and promoting waste segregation and recycling, inspiring the community toward environmental sustainability.	
33.	1/10/2023	International day of older persons	In celebration of the International Day of Older Persons, the cadets of St. Xavier's College for Women, Aluva, honored the elderly by taking photos and presenting thoughtful gifts, fostering respect, inclusion, and awareness about supporting older persons in society.	



34.	3/10/2023	Inter-departmental Competitions in connection with Gandhi Jayanthi Day.	On 3rd October 2023, the PG Department of Commerce (S/F) organized Inter-Departmental Charkha Making and Letter to Gandhi competitions in connection with World Ozone Day, with 20 students actively participating.	 <p>The poster is for 'Gandhi Jayanthi Celebrations' organized by the PG Department of Commerce Self Financing at St. Xavier's College for Women, Aluva. It details two activities: 'Charkha making' and 'Letter to Gandhi'. For Charkha making, it specifies a team of up to 3 members, eco-friendly materials, and a venue in Room no.406. For the letter, it allows individual participation in English or Malayalam, with a 250-word limit. The date is 03/10/2023, and registration is required by 30/09/2023. Co-ordinators are Ms. Chinju Joseph K and Ms. Miranda Francis.</p>	 <p>A group of students and faculty members are gathered around a table displaying their Charkha making projects. A Google Maps overlay shows the location: Aluva, Kerala, India (49°75'68C, Periyar Nagar, Aluva, Kerala 683101, India) with coordinates Lat 10.112029° and Long 76.358683° on 03/10/23 at 01:00 PM GMT +05:30.</p>
35.	4/10/2023	Mathrubhumi Mathuram Malayalam	On October 4, 2023, the NSS unit of St. Xavier's College, in collaboration with Mathrubhumi, organized the Mathuram Malayalam Padathi to encourage the new generation to adopt the habit of daily newspaper reading, promoting awareness of current events and improving language skills, with an interactive session that emphasized the cultural and educational benefits of engaging with Malayalam newspapers.	 <p>The banner features the St. Xavier's College for Women, Aluva logo and text: 'National Service Scheme No-45 MG University Mathuram Malayalam 4/10/2023'. A central quote reads: 'Nurturing Informed Minds: NSS and Mathrubhumi Join Hands to Encourage Daily Newspaper Reading through Mathuram Malayalam Padathi.' The NSS Programme Officer is Dr. Binu Christy.</p>	 <p>A photograph showing a panel of five people seated at a table during an interactive session. A woman is speaking at a podium in the foreground.</p>

36.	10/10/2023	Mental Health Day	<p>As part of Mental Health Day observance on 10th October 2023, the Women Cell of St. Xavier's College for Women, Aluva, in association with Jeevani Centre, organized a photography competition on the theme 'Happiness through the lens,' with two students participating and capturing joyful moments.</p>	
37.	12/10/2023	Observance of Breast cancer awareness month	<p>On 12th October 2023, the Women Cell and Health Clinic, in association with Cochin Cancer Society, observed 'Breast Cancer Awareness Month' with an awareness session titled 'Cancer: Facts and Myths,' led by renowned oncologist Dr. V.P. Gangadharan, focusing on the causes, prevention, and detection of breast cancer.</p>	



38.	15/10/2023	Global Hand Washing Day	<p>The cadets of St. Xavier's College for Women, Aluva, raised awareness about hand hygiene by demonstrating proper handwashing techniques and encouraging the community to adopt these practices for preventing diseases and promoting lifelong cleanliness habits.</p>		
39.	1/11/2023	Marunupetti" -Kerala peravi celebration	<p>On November 1, 2023, the NSS unit of St. Xavier's College for Women, Aluva, in collaboration with Aluva Municipality, launched the "Marunupetti" initiative to collect unused, non-expired medicines from the public for recycling and redistribution to those in need, with the support of NSS volunteers and the</p>		

			Aluva Municipality overseeing the collection and distribution process.	
40.	1/11/2023-7/11/2023	Bhashavaracharanam 2023	Bhashavaracharanam 2023, organized by the Malayalam Department from November 1st to 7th, aimed at raising awareness about the importance of the mother tongue, featured events like Kaviyaranu, Literary Quiz, Bhashabedha Varthamanam, and Pusthakasanchi,	 
41.	18/11/2023	Palliative Care Day 2023	The inaugural function on Palliative Care Day, held by the NSS unit of St. Xavier's College for Women, featured informative talks on the significance of palliative care and a skit performed by NSS volunteers, which effectively conveyed the themes of care, support, and empathy, earning the unit the Best Performer Award for their outstanding contribution.	 

42.	25/11/2023	International day for elimination of violence against women	<p>In observance of the International Day for the Elimination of Violence Against Women, the cadets of St. Xavier's College for Women, Aluva, lit lamps arranged to form the words "Gender Equality," symbolizing hope and unity in support of gender justice and the elimination of violence against women.</p>		
43.	27/11/2023	Kadal Kadu Plantation Dive: Rejuvenating Our Coastal Ecosystem”	<p>On October 27, 2023, the NSS Unit of St. Xavier's College for Women, Aluva, in collaboration with Aster Medcity, organized the "Kadal Kadu Plantation Dive" at Vypin, Ernakulam, successfully planting approximately 2,000 native plants to restore and preserve the coastal environment, while fostering environmental awareness among</p>		

			volunteers, students, and the local community.	
38..	5/11/2023	World Tsunami Awareness Day	As part of World Tsunami Awareness Day, NCC cadets of St Xavier's College for Women, Aluva prepared informative posters and conducted an awareness class to educate others about tsunami preparedness and safety measures.	 

44.	26/11/2023	NCC Day Celebration	As part of NCC Day celebrations, the cadets of St. Xavier's College for Women, Aluva, planted saplings in their homes to promote environmental sustainability and demonstrate their commitment to nature and NCC values.	
45.	4/12/2023	International Day for the Elimination of Violence Against Women	On 4th December 2023, the Women Cell and Ethics Committee, in association with Angamaly O&G Society WIMA, Madhya Kerala, observed the International Day for the Elimination of Violence Against Women with poster designing and placard show competitions, followed by an awareness session led by Adv. Anjaly Cherian, KELSA Advisory	

			Board Member and Police Vanitha Cell representative.	
46.	7/12/2023	Observance of World Aids Day	On December 7, 2023, the Women's Cell of St. Xavier's College for Women, Aluva, supported the Swantham Suraksha Project by organizing a flash mob at Aluva Railway Station in collaboration with the Kerala State AIDS Control Society's IEC Van Campaign, to raise awareness about AIDS.	 <p>The image shows a promotional poster for the IEC Van Campaign on the left and a photograph of a flash mob on the right. The poster features a red ribbon logo and text in Malayalam and English, including the date 07.12.2023, time 12:00 PM to 1:00 PM, and the slogan 'Let Communities LEAD'. The photograph shows a group of women in a public space holding signs with the red ribbon logo and the slogan.</p>
47.	13/12/2023	Human Rights Day	As part of Human Rights Day observance, the Forum for Democracy and Social Justice under the Department of Economics, in association with Probodha Trust Kochi, organized a National Seminar on 'Rights in Harmony: Exploring the Dynamics of Freedom, Equality, and	 <p>The image is a poster for a National Seminar on Human Rights. It includes the date Wednesday, 13 December 2023, at 10:00 AM in the Mother Teresa Seminar Hall at St. Xavier's College for Women, Aluva. The poster lists the Keynote Address by Adv. Sanand Ramakrishnan, the Presidential Address by Rev. St. Charles CTC, and the Inaugural Address by Prof. Dr. Milan Franz. It also mentions the organizing department and the association with Probodha Trust, Kochi.</p>

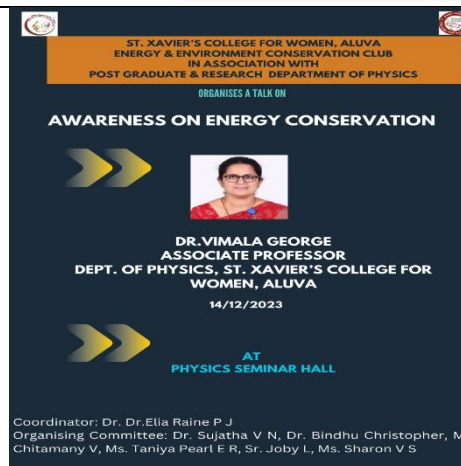
Justice,' with Adv. Sanand Ramakrishnan as the resource person, and felicitations by Justice T.V. Ramakrishnan and Sri. Naveen Kumar D.D.

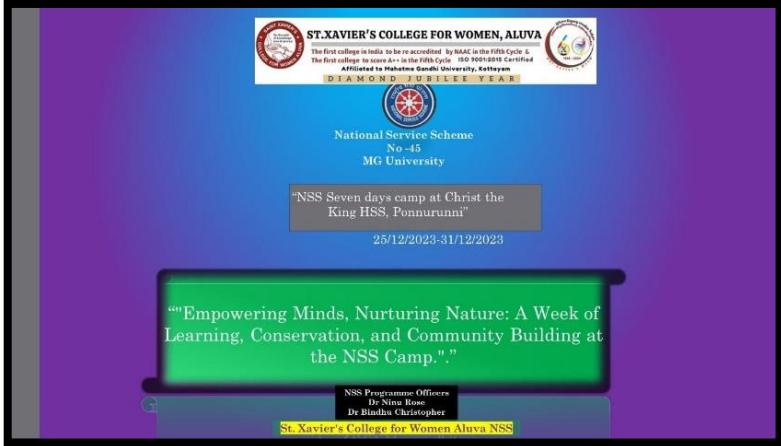



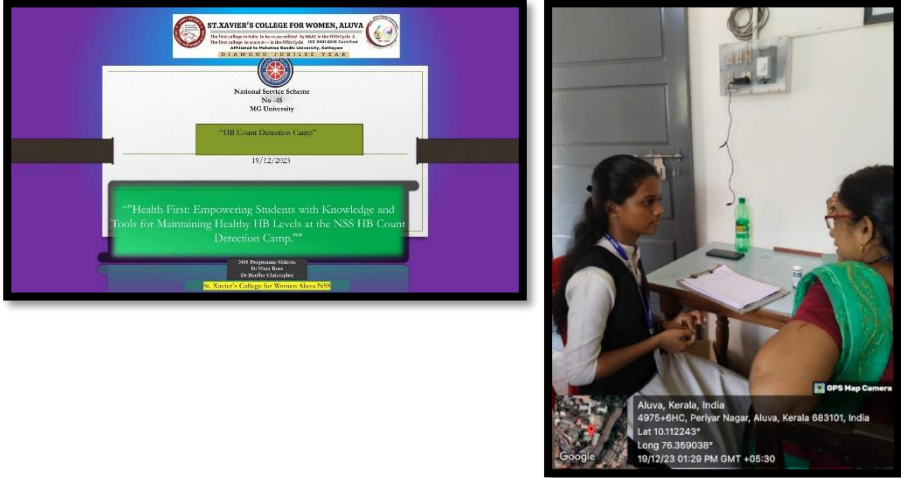

48. 14/12/2023

Energy conservation day celebration

On 14th December 2023, Dr. Vimala George, HOD of the Dept. of Physics, delivered an enlightening talk on "Awareness on Energy Conservation" organized by the EECC & Bhoomithrasena club, highlighting the importance of energy conservation, sustainable practices, and practical strategies to reduce energy consumption, followed by an engaging Q&A session.





49.	25/12/2023-31/12/2023	NSS Seven day Camp	<p>The NSS camp at St. Xavier's College for Women featured a series of impactful activities and educational sessions aimed at promoting awareness and skill development. These included sessions on electrical safety and energy conservation with the Electricity Board, plastic disposal by environmental expert Jos Maveli, a Zumba fitness class, the distribution of eco-friendly paper bags, digitalization of the Christ the King School library, the establishment of a butterfly garden, and an anti-drug awareness campaign, all contributing to the camp's goal of fostering responsibility and community engagement.</p>	 
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50.	19/12/2023	HB Count Detection Camp	<p>On December 19, 2023, the NSS unit of St. Xavier's College organized an HB Count Detection Camp to educate students on the importance of maintaining adequate hemoglobin levels, featuring a session by Dr. Nisha from Lakshmi Hospital on health, nutrition, and anemia prevention, followed by the opportunity for students to check their HB count.</p>	
51.	26/1/2024	Republic day celebration	<p>The Republic Day celebration at St. Xavier's College for Women, Aluva, featured the hoisting of the Tricolour, an inspiring speech by Principal Prof. Dr. Milon Franz, and patriotic performances by NCC cadets, including a song, dance, and mime, embodying unity, respect, and national pride.</p>	

52.	11/1/2024	Herbal soap making- World record event	<p>In celebration of the Diamond Jubilee, the Chemistry Department of St. Xavier's College, Aluva, organized a green initiative on January 11, 2024, where 60 students collaboratively created 600 Xav Care herbal soaps using 60 different plant extracts to promote sustainability, natural wellness, and skill development.</p>	
53.	18/1/2023	Observance of Road safety month	<p>On January 18, 2024, the Women's Cell and Ethics Committee of St. Xavier's College, Aluva, in association with SCMS Institute for Road Safety and Transportation, observed Road Safety Month with awareness sessions on driving checks, behavioral aspects, and a 'Know Your Vehicle' training, inaugurated by Mr. Binesh KS, Joint RTO, Aluva.</p>	

54.	4/2/2024	World Cancer day-Awareness Program.	As part of the global observance of World Cancer Day, the National Cadet Corps (NCC) unit of St. Xavier's College for Women, Aluva, organized a poster-making event aimed at spreading awareness about cancer prevention, early detection, and the importance of collective action in combating this life-threatening disease.	 
55.	6/2/2024	Observance of World Cancer Day	In Connection with the observance of World Cancer Day, Women Cell in association with St. Joseph Cancer Centre, Manjummel organized Poster designing and Essay writing competitions followed by an awareness session led by prominent oncologist Dr. Thomas Varghese on 6 th February 2024.	 

56.	21/02/2024,	Mathrubhasha Dhinacharanam	On World Mother Tongue Day, the Malayalam Department at St. Xavier's College for Women, Aluva, organized a celebration presided over by Dr. Maria Paul, with Dr. Sibumodayil administering the Mother Tongue Pledge and delivering the keynote address on the importance of preserving native languages.		
57.	22/3/2023	World Forest day	The theme of World Forest Day varies each year, focusing on different aspects of forest conservation and sustainable management, with activities including tree planting, educational programs, discussions on forest conservation, and efforts to raise awareness about threats like deforestation, illegal logging, and climate change.		

58.	15/3/2024	International Women's Day	<p>On March 15, 2024, International Women's Day was celebrated at St. Xavier's College, Aluva, with a Self-Défense program in Shito-Ryu Karate, led by Shri Salilan AS and Shri Amal K Amrithlal, and the release of the Women Cell magazine coordinated by Sruthi PS, handed over by Shri Salilan AS to Dr. K Lekha, Women Cell coordinator.</p>	
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Milon Franz Digitally signed by Milon Franz
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